PRECONGRESS: Okasha Institute of Psychiatry, 27 May, 2025

TRACK 1

TIME

08.00-10.00

10.00-11.00

11.00-12.00

PRECONGRESS: 27 May, 2025 (Okasha Institute of Psychiatry) TRACK 2 TRACK 3 **GENERAL PSYCHIATRY** CHILD PSYCHIATRY **GENERAL & ADDICTION** REGISTRATION **SKILLS TRAINING (1)** WORKSHOP (1) WORKSHOP (2) **Disease and Crime:** Leadership skills for future doctors **Neurodevelopmental Disorders: Advances** Prof. Tarek Okasha (ASU) in Understanding and Treatment Stimulant use disorder Prof. Marwa El Missiry (ASU) Prof. Heba Alshahawi (ASU) Prof. Mahmoud Elhabiby (ASU) Prof. Nesreen Mohsen (ASU) Dr. Mohamed Ferwiez (ASU) Prof. Nermin Shaker (ASU) Dr. Noha Ahmed Saad Prof. Reem Elghamry (ASU) Prof. Hanan ElRasas (ASU) **SKILLS TRAINING (2)** WORKSHOP (3) WORKSHOP (4) How to choose your future partner? ADHD: The everlasting challenge **DBT** in addiction treatment Prof. Abdel Nasser Omar (ASU) Prof. Hisham Ramy (ASU) Prof. Amany Haroun (ASU) Prof. Mohamed El Mahdy Prof. Mona ElSheikh (ASU)

	(Al Azhar Univ.)	Dr. Noha Ahmed Saad (ASU)	
	Dr. Omar Yehia Mansour (ASU)		
12:00-12:30		BRAIN BREAK	
12.30-01.30	SEMINAR (1)	WORKSHOP (5)	WORKSHOP (6)
	How to choose a medical specialty?	Child and Adolescent Suicide Prevention	Mastering Rating Scales in Addiction: Tools
	Prof. Ali Mohamed Alanwar	Prof. Nermin Shaker (ASU)	for Assessment and Treatment
	Dean of Faculty of Medicine, (ASU)	Prof. Hanan Azzam (ASU)	Prof. Soheir ElGhonemy (ASU)
	Prof. Tarek Okasha (ASU)	Prof. Marwa El Missiry (ASU)	A. Prof. Mohamed Hossam (ASU)
	Prof. Amira El Batrawy (ASU)	Dr. Mohamed Ferwiez (ASU)	Dr. Tawfeek Mohamed (ASU)
01.30-02.30	WORKSHOP (7)	SEMINAR (2)	WORKSHOP (8)
	Common mistakes in building career	Social media and child development	Interviewing skills in Addiction
	Prof. Tarek Al Habib (KSA)	Prof. Ghada AM Hassan (ASU)	Prof. Mahmoud ElHabiby (ASU)
	Prof. Nahla El Sayed (ASU)	Academic Performance and social media	
		Prof. Doha Mostafa Elserafi (ASU)	

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TIME	TRACK 1 GENERAL PSYCHIATRY	TRACK 2 CHILD PSYCHIATRY	TRACK 3 GENERAL & ADDICTION	
02:30-03.30	SYMPOSIUM (1) Beyond the Horizon: Novel antipsychotics for the treatment of psychiatric disorders Antipsychotics: The untold story Prof. Hisham Ramy (ASU) Xanomeline/Trospium: A novel mechanism Prof. Sawsan Aboulfotouh (ASU) Novel antipsychotic treatment mechanisms Lect. Mayar Nawara (ASU)	WORKSHOP (9) Bridging the Gap in ASD diagnosis and management Prof. Afaf Mohamed (ASU) Prof. Ghada Refaat (ASU) Prof. Marwa Soltan (ASU)	WORKSHOP (10) Work-life balance Prof. Maha Sayed (ASU) Prof. Sherien Ahmed Khalil (ASU)	
03.30-04.30	SKILLS TRAINING (3) Skills for Sexual Therapy Prof. Afaf Hamed Khalil (ASU) Prof. Mona Reda (ASU)	WORKSHOP (11) Cyber Bullying: Understanding its impact on children and adolescents Prof. Nermin Shaker (ASU) Dr. Noha Sami (ASU) Dr. Sohayla Sami (ASU)	WORKSHOP (12) Effective Administration and Management of Addiction Treatment Programs Dr. Mayar Nawara (ASU) Dr. Shenouda Abdelshahid (ASU)	
04.30-05.30	SEMINAR (3) Communication Skills and emotional intelligence Prof. Soheir H. Elghonemy (ASU) Dr. Mayar Nawara (ASU) Dr. Dina Thabet (ASU)	WORKSHOP (13) Acceptance and Commitment Therapy (ACT) for Children and Adolescents Dr. Abdel Gawad Khalifa (ASU)	WORKSHOP (14) Live your life by your Values: Acceptance and commitment therapy for addiction Prof. Hanan ElRasas (ASU)	

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TIME	HALL (A) (GENERAL PSYCHIATRY)	HALL (B) (CHILD & ADOLESCENT PSYCHIATRY)	HALL (C) (ADDICTION)
09.00-10.00	SESSION (1) INNOVATION IN MENTAL HEALTH The Role of Psychedelics in Psychiatric Treatment: Current Evidence and Ethical Considerations Dr. Shaymaa Arafa (Al Azhar Univ.) From Mysticism to Medicine: A Historical and Neurobiological Perspective on Psychedelics A. Prof. Mohamed Youssef (ASU) Clinical Trials and Real-World Evidence: The Impact of Psychedelic-Assisted Therapy on Mental Health	SESSION (2) CRITICAL ISSUES IN CHILD & ADOLESCENTS PSYCHIATRY Trapped in a Life of Misery: The Case for Profound Autism Prof. Mohammad Seleem (Tanta Univ.) Emerging Breakthroughs Treatments for ASD A. Prof. Ahmed Nabil (Menoufia Univ.) Attention deficit disorder, seven types, diagnosis, and treatment Dr. Hala Taha (Al Azhar G.)	SESSION (3) HOT TOPICS IN ADDICTION MEDICINE Sports addiction? Is it Possible? Prof. Shewikar El Bakry (Benha Univ.) Transactional analysis as a dynamic model to understand drug addiction Prof. Samir Foad Abou Elmagd (Cairo Univ.) Psychiatric assessment and quality of life of family caregivers of individuals with substance use disorders A. Prof. Mohamed Fawzy Abdelaal (Assiut Univ.)
10.00-11.00	Dr. Zainab Khaled (ASU) OPENING CEREMONY & PLENARY SESSION 25 Years of Success: Honoring Success Partners Prof. Ahmed Okasha (ASU)		
11.00-11.30	KEYNOTE LECTURE (1) GEOPSYCHIATRY Prof. Tarek Okasha (ASU)		
11.30-12.00	FOCUS LECTURE (1) Beyond Symptom Control: Brexpiprazole for life engagement Prof. Abdel Naser Omar (ASU) (Marcyrl)	FORUM (1) Novel Approach in understanding Autism: updates on biomarkers, neurobiology and new drug treatment	ISSUP Egypt Session Prof. Nahla ElSayed (ASU) Prof. Soheir ElGhonemy (ASU) Prof. Rania Mamdouh (Cairo Univ.) Dr. Mayar Nawara (ASU)

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12.00-12.30	FOCUS LECTURE (2) Managing Depression; the Role of Vortioxetine Prof. Tarek Okasha (ASU) EVA	In the road of searching for biomarkers to guide intervention in Autism Prof. Heba Elshahawi (ASU) Abnormalities in brain functions in autism: overview of recent connectome findings Dr. Mohamed Elsheikh (ASU) Can Memantine treat autism: answers from preclinical and clinical studies Prof. Sawsan Abou Elfotouh (ASU)		
12.30-01.30	SYMPOSIUM (2) FROUNTERIS IN THE MANAGEMENT OF PSYCHIATRIC DISORDERS Back to life: Esketamine for treatment resistant depression Prof. Marwa Abdel Majed (ASU) Pros and cons of using long acting paliperidone palmitate injectables in patients with schizophrenia; the everlasting debate Prof. Mona Elsheikh (ASU) JANSSEN	FORUM (2) ADVANCES IN KEY AREAS OF MENTAL HEALTH Resilience: Neurobiology and methods of promotion Prof. Salwa Tobar (Mansoura Univ.) Mental health during hard times, challenges and opportunities Prof. Ahmed Mubarak (Tanta Univ.) Defeating cancer with Antidepressants Prof. Taghreed Elshafie (Al Azhar Univ.)	SESSION (4) Epidemiology of substance use disorders in Egypt Prof. Menan Abdelmaksoud (GSMHAT)) Prof. Soheir ElGhonemy (ASU) Dr. Ahmed Fathey (NOD)	
01.30-02.00	FOCUS LECTURE (3) Beneficiaries and Maleficence of Antipsychotics: The untold Story of Tudasidone Prof. Hisham Ramy(ASU) AL ANDALOUS	MEET THE EXPERT (1) Schizophrenia: The everlasting challenge Decoding Psychosis; Advances in Cognitive Behavior Therapy Prof. Mai Essaa (Tanta Univ.) The role of cognitive enhancers in patients	KEYNOTE LECTURE (2) The Complexity of Comorbidities in Substance Use Disorders Prof. Nahla Elsayed (ASU)	

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TIME	HALL (A) (GENERAL PSYCHIATRY)	HALL (B) (CHILD & ADOLESCENT PSYCHIATRY)	HALL (C) (ADDICTION)
02.00-02.30	KEYNOTE LECTURE (3) Forgotten Clinical Diagnosis Prof. Tarek Al Habib (KSA)	with schizophrenia Prof. Reem Hashem (ASU) Implications of Artificial Intelligence (AI) in schizophrenia Dr. Hadir Allam (ASU)	KEYNOTE LECTURE (4) ADHD in Addiction: From childhood to elderly Prof. Eman Abo Elela (ASU)
02.30-3.00		Coffee Break	
03.00-03.30	FOCUS LECTURE (4) Depression and Anxiety how do they meet in Clinical Practice Prof. Nahla El Sayed (ASU) VIATRIS	FORUM (3) Interface between The law and child and Adolescent Psychiatry: Egyptian Perspectives Prof. Safeya Effat (ASU) Prof. Hisham Ramy (ASU) Dr. Tarek ElSehrawy (ASU)	MINI LECTURES (1) AI in addition recovery Prof. Mohamed Adel ElHadidy (Mansoura Univ.) Atypical Antipsychotics for Depressive Episodes: Clinical Art in BD vs MDD Prof. Mohamed Elwasify (Mansoura Univ.)
03.30-04.00	CHALLENGE SESSION Arpistable: A Versatile atypical antipsychotic for psychiatric care Prof. Mohamed Adel ElHadidy (Mansoura Univ.) SUNPHARMA		MINI LECTURES (2) Tailoring Treatment plans for addicts Prof. Ahmed El Missiry (UK) Addiction in Women Prof. Hisham Hatata (ASU)

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TIME	HALL (A) (GENERAL PSYCHIATRY)	HALL (B) (CHILD & ADOLESCENT PSYCHIATRY)	HALL (C) (ADDICTION)
04.00-05.00	FORUM (4) EATING DISORDERS IN SPORTS PRACTICE	MEET THE EXPERT (3) POLYPHARMACY IN PSYCHIATRY; PLAYING WITH THE DEVIL	SESSION (5) SILENT ADDICTION Compulsive sexual behavior disorder
	Sports Eating Crisis Prof. Mohamed Fekry (ASU) Psychiatric Implications Among Top Athletes Prof. Samir Foad Abou Elmagd (Cairo Univ.) Eating disorders in athletes Dr. Mohamed Farwiez (ASU) Nutrition in Eating disorders in athletes	Benefits and hazards of polypharmacy in child and adolescent psychiatry Prof. Ghada AM Hassan (ASU) Tailoring treatment in geriatric patient Prof. Doha Mostafa Elserafi (ASU) Rational and irrational poly pharmacy in psychiatric adult patients Prof. Haydy Hassan Sayed Ahmed (ASU)	Prof. Mona Reda (ASU) Gaming & Gambling Addiction - Egypt initiative Dr. Sally Noby (National Mental Health Platform in Egypt) Silent addiction: Unseen Struggles and Mental Health Impacts Lect. Safi Mohamed Nagib (ASU)
05.00-06.00	Dr. Sara Adel Khedr (ASU) FORUM (5) World Adversity and Psychiatry: Understanding the Psychological impact and solutions Call for Action Prof. Afaf Hamed Khalil (ASU) Prof. Mosatafa Shaheen (Cairo Univ.) Prof. Mohamed Elmahdy (Al Azhar Univ.)	MEET THE EXPERT (2) IMPORTANT TOPICS IN PSYCHIATRY Leveraging Artificial Intelligence for Suicide Risk Prediction and Prevention Dr. Mohammed Hosny (ASU) Impulsivity, suicidality, and emotional dysregulation in women having borderline personality disorder with and without substance dependence Prof. Samir Foad Abou Elmagd (Cairo Univ.) Understanding Self Injurious Behavior Dr. Alaa Farghaly (Teaching Hosp.)	FORUM (6) IS PSYCHIATRY SCIENTIFIC ENOUGH?: AN EPISTEMOLOGICAL PERSPECTIVE A Wake Up Call for Psychiatrists: What is Science in the first place? Prof. Hanan Azzam (ASU) So, what is the epistemology behind current psychiatric practice A. Prof. Ayman Al Hosainey (Al Azhar Univ.)

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06.00-07.00	FORUM (7)	SESSION (6)	WORKSHOP (16)	
	CHALLENGES AND OPPORTUNITIES IN	THE INTERFACE BETWEEN MOOD	Defensive Psychiatry in Egypt:	
	THE MANAGEMENT OF PSYCHIATRIC	DISORDERS AND EATING DISORDERS	Striking the Right Balance	
	PATIENTS	Psychopathology of both Mood and Eating	Prof. Ahmad A. Dobea	
	Intolerance of uncertainty as a	Disorders	(Agiad Psychiatric Hospital)	
	transdiagnostic process: A	Prof. Dalia Abdel Moneim (ASU)		
	multidimensional approach	Interplay between Eating disorders and		
	A. Prof. Ayman Al Hosainey	Mood disorders		
	(Al Azhar Univ.)	Dr. Nahla Dessouky (ASU)		
	Psychiatry: The art of listening	The Silent Struggle: Understanding the		
	A. Prof. Safaa Hammouda	intersection of mood and eating disorders in		
	(Al Azhar Univ. G.)	therapeutic practice		
	Prevalence of insomnia among	Dr. Samar Serry (ASU)		
	university students in Saudi Arabia: A	Orthorexia Nervosa		
	systematic review and meta-analysis	Dr. Dina Hussein Mohamed (ASU)		
	Dr. Mohamed Baklola			
	(Mansoura Univ.)			

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IIME	(GENERAL PSYCHIATRY)	(MENTAL HEALTH ISSUES)	(WOMEN PSYCHIATRY)	
09.00-09.30	KEYNOTE LECTURE (5)	WORKSHOP (17)	MINI LECTURES (3)	
	Psychopharmacology in Child and	Cognitive Assessment for Memory in children	Psychosexual Counselling Therapy in	
	Adolescent Psychiatry: The Untold Story	Prof. Soha Ghobashy (Alex. Univ.)	Women	
	Prof. Hisham Ramy (ASU)	Prof. Heba Essam (Alex. Univ.)	Prof. Mona Reda (ASU)	
		Dr. Aya Maged (Alex. Univ.)	Psychiatric disorders among females with	
		Dr. Amira Khaled (Alex. Univ.)	prolonged infertility with or without in	
			vitro fertilization	
00 00 10 00	VIDVO CEL LEGEVIDE (C)		A. Prof. Reham Amer (Tanta Univ.)	
09.30-10.00	KEYNOTE LECTURE (6)		SESSION (7)	
	Preventive psychiatry: A stepping stone		In Collaboration with	
	for improving mental health		International Marcé Society for Perinatal	
	Prof. Menan Abdelmaksoud (MOH)		Mental Health MENA Regional Group (emerging)	
			Enhancing a Collaborative Approach	
			Priority Topics in Maternal Mental Health	
10.00-10.30	FOCUS LECTURE (5)	MEET THE EXPERT (4)	Prof. Prabha Chandra (India)	
10.00-10.30	FOCOS LECTORE (5)	UPDATES IN CHILD & ADOLESCENTS	Prof. Gihan ELNahas (ASU)	
	Antipsychotic Misnaming; Brexipiprazol	PSYCHIATRY	Prof. Ahmed Elhussieny (ASU)	
	as an Example	Understanding Irritability in Children and	,	
	Prof. Mahmoud Elwasify	Adolescents		
	(Mansoura Univ.)	Prof. Wafaa Haggag (Suez Canal Univ.)		
	ZETA PHARMA	OCD in children and adolescents: Impact of		
10.30-11.00	FOCUS LECTURE (6)	Early Life Stress on Neurobiological	SESSION (8)	
	Beyond Medication: Holistic strategies	vulnerability	MENA Regional Group (emerging)	
	for compliance in schizophrenia	Prof. Maha Sayed (ASU)	Keynote Lectures on Women's Mental	
	Prof. Tarek Molokhia (Alex. Univ.)	Children of the War: Psychological sequences	Health	
	HALLANCE	and pathway to recovery	Dr. Lavinia Lumu (South Africa)	
		Prof. Marwa El Missiry (ASU)	Prof. Gihan ELNahas (Egypt)	

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11.00-11.30	FOCUS LECTURE (7) Mulimodal Approach in Depression Prof. Hani Hamed (Beni Souif Univ.) HIKMA	SESSION (9) Understanding and Managing Food Noise in Eating Disorders: A Neurocognitive and Behavioral Perspective What does food noise mean? and How can food noise be presented in AN and obesity?		
11.30-12.00	FOCUS LECTURE (8) Optimizing treatment for depression and beyond: Vilazodone in practice Prof. Afaf Hamed Khalil (ASU) RAMEDA	Prof. Heba Essawy (ASU) Neurocognitive Mechanism of Food noise in eating disorders Prof. Nermin Shaker (ASU) CBT in food obsession and eating disorders Prof. Dalia Abdel Moneim (ASU)	SESSION (9) In Collaboration with International Marcé Society for Perinatal Mental Health MENA Regional Group (emerging) Enhancing Maternal Mental Health Care:	
12.00-12.30	FOCUS LECTURE (9) Disentangling relapses and adherence in psychosis Prof. Hanan El Shenawy (Cairo Univ.) OTSUKA	FORUM (8) THE TRIPOLAR DISORDER: A HIDDEN POLE INFLUENCING BIPOLARITY Pinpointing Borderline Personality in the Cyclicity of Bipolar Mood Disorders Prof. Amira Al Batrawy (ASU)	Success Stories across the Region Prof Menan Abdel Maksoud (Egypt) Dr. Nawal ALMahyijari (Oman) Dr. Hela Ounich (Tunisia) Prof. Hussein ELKholy (UK)	
12.30-01.00	FOCUS LECTURE (10) Updates in the Diagnosis and Management of Fatigue: The role of modafinil Prof. Maha Sayed (ASU) CHEMIPHARMA	The Art of Management of Tripolarity Dr. Omar Yehia Mansour (ASU) Strategies for Management ADHD in the Context of Bipolar Disorder Prof. Mahmoud Elwasify (Mansoura Univ.) Prof. Mahmoud Elwasify (Mansoura Univ.)	PANEL DISCUSSION MENA Regional Group (emerging) BRAINSTORM SESSION Strengthening Regional Networking MENA Marcé Group Prof. Gihan ELNahas (Egypt)	

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TIME	(GENERAL PSYCHIATRY)	(MENTAL HEALTH ISSUES)	(WOMEN PSYCHIATRY)
01.00-02.00	SYMPOSIUM (3)	FORUM (9)	
	ARTIFICIAL INTELLIGENCE:	The Psychiatric Intermediate Care Unit	
	OPPORTUNITIES, RISKS AND PRIORITIES	(PICU): Towards Better Mental Health	
	IN PSYCHIATRY	Services PICU	
	Empowering Science: The Impact of	Protocol & Admission Pathway of Ain Shams	
	Artificial intelligence on Scientific	Institute of Psychiatry PICU	
	Research	Prof. Nivert Zaki (ASU)	
	Prof. Hany Malak (ASU)	PICU Admission and Exclusion Criteria	
	Implementation of Artificial Intelligence	Prof. Nivert Zaki (ASU)	
	in Psychiatric Diagnosis and Treatment	Assessment tools used in ASUIP PICU	
	Prof. Heba Elshahawi (ASU)	A. Prof. Rehab Naguib (ASU)	
	Does the use of Artificial Intelligence	Characteristics and outcomes of patients	
	necessitate an ethical committee	admitted to the first Psychiatric Intermediate	
	Prof. Marwa El Missiry (ASU)	Care Unit in Egypt & the Middle East	
		A. Prof. Ola Oufa (ASU)	
02.00-02.30	FOCUS LECTURE (11)	MINI LECTURES (4)	MEET THE EXPERT
		Highly sensitive children a forgotten	In Collaborating with
	Enhancing Mental wellness in	diagnosis	International Marcé Society for Perinatal
	Depression: Focus on Escitalopram	Prof. Hala Hammad (UK)	Mental Health
	Prof. Marwa El Missiry (ASU)	High-Functioning ADHD: A review of current	MENA Regional Group (emerging)
		understanding and implications for clinical	The Cultural Aspects of Women's Mental
	GLOBALNAPI	practice	Health: Adapting practices to address MENA
		Prof. Mohammed Hussein Ragab (KSA)	region needs
			Prof. Afaf Hamed Khalil (ASU)
			Prof. Magda Fahmy (Suez Canal Univ.)
02.30-03.00		BRAIN BREAK	

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TIME	(GENERAL PSYCHIATRY)	(MENTAL HEALTH ISSUES)	(WOMEN PSYCHIATRY)
03.00-03.30	KEYNOTE LECTURE (7)	SESSION (9)	SESSION (10)
	New targets for Schizophrenia Treatment	TOWARDS BETTER MENTAL HEALTH	In Collaboration with
	beyond the dopamine hypothesis	SERVICES: HELPING SENIORS TO LIVE WITH A	International Marcé Society for Perinatal
	Prof. Adel Elsheshai (Alex Univ.)	BETTER QUALITY OF LIFE	Mental Health
		Managing Depression in golden years.	MENA Regional Group (emerging)
		Prof. Marwa Abd El Meguid (ASU)	Priority Topics in Perinatal Mental Health
03.30-04.00	KEYNOTE LECTURE (8)	Blood- Based Biomarkers, New Era in The	Research
	Drug use disorders and stroke	Battle Against Alzheimer's Disease	Dr. Aya Ashraf (Egypt)
	Prof. Hossam El Sawy (Tanta Univ.)	Prof. Maissa Eid (ASU)	Dr. Radwa Gomaa (Egypt)
		Non pharmacological Management in old age	Dr. Mohmed ELSheikh (Egypt)
		psychiatric disorder	Dr. Georgina Adel (Egypt)
		A. Prof. Rehab Serag (ASU)	
04.00-05.00	PUBLIC SESSION	SYMPOSIUM (4)	FORUM (10)
		CHALLENGES IN PSYCHOSEXUAL MEDICINE	HOT ISSUES IN WOMEN PSYCHIATRY
	تيتا زوز و مشاكل المراهقة و الأسر المصرية: ندوة عامة	Sex Addiction: Primary Vs Mirror of a	
	Prof. Heba Elshahawi (ASU)	Psychiatric Disorder	Domestic violence a national mental health
	Prof. Nermeen Shaker (ASU)	Dr. Moataz Ibrahim (ASU)	problem.
	Prof. Marwa El Missiry (ASU)	Intimate Communication in Defective	Prof. Amira Nassieb (Ain Shams Univ.)
		Communication: Sexuality in patients with	No health without perinatal mental health
		ASD	A. Prof. Shirin El Makawi (Cairo Univ.)
		Dr. Omar Yehia (ASU)	Geriatric women mental illness and
		Paraphilia: Medical Vs Legal Issues	integrative management.
		Dr. Sherif Yousri (ASU)	A. Prof. Ola Ossama Khalaf (Cairo Univ.)

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IIVIE	(GENERAL PSYCHIATRY)	(MENTAL HEALTH ISSUES)	(WOMEN PSYCHIATRY)	
05.00-05.30	HOT TOPICS IN PSYCHIATRY (1)	HOT TOPICS IN PSYCHIATRY (2)	NEW RESEARCH	
	Spirituality and Coping Style Among Incurable Advanced Cancer Patients Dr. Ola Osama Khalaf (Cairo Univ.) Indecisiveness: Dimension & management Prof. Wael Abou Hindi (Zagazig Univ.)	Socioeconomic status and psychiatric comorbidity associated with suicidal behavior among a sample of Egyptian patients who attended Tanta University emergency hospital for suicide related problems A. Prof. Fatma EL-Deeb (Tanta Univ.) Attachment Style, Maternal Interpersonal Trauma, Overprotection, and Borderline Personality Disorder Dr. Wahba Hassanein (Private)	The Mind-Body Connection: Exploring Stress, Trauma, and Illness Through a Somatic IFS Lens Dr. Hesham Eldabah (Alex Univ.) Mental health literacy and help-seeking behaviour among Egyptian undergraduates: A cross-sectional national study Dr. Mohamed Baklola (Mansoura Univ.) Emotional Intelligence and Emotional Stability in Mental Health Crisis	
			Dr. Hesham Maged (Abbassia Hosp.)	