

**19<sup>th</sup> International Congress on Psychiatry**  
**7<sup>th</sup> International Congress on Child & Adolescent Psychiatry**  
**4<sup>th</sup> International Congress on Addiction Psychiatry and Dual Diagnosis**  
**1<sup>st</sup> Regional Women Mental Health Middle East & North Africa Congress**  
*Resistant Psychiatric Disorders Predictors and Challenges*  
**Intercontinental Citystars Hotel, CONGRESS: 12-13 June, 2024**

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**Pre-congress 11<sup>th</sup> June, 2024**

Okasha Institute of Psychiatry  
Faculty of Medicine, Ain Shams University, Cairo Egypt

**Congress 12<sup>th</sup> – 13<sup>th</sup> June, 2024**

Intercontinental Citystars Hotel, Cairo, Egypt

**Organized by**  
**Okasha Institute of Psychiatry**

WPA Collaborating Center for Research and Training in Psychiatry  
Ain Shams University, Cairo, Egypt



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## **Congress Online**

**[www.asuip.com](http://www.asuip.com)**

# CONGRESS VENUES and DATES

Cairo, Egypt

12<sup>th</sup> – 13<sup>th</sup> June, 2024

Citystars Intercontinental Hotel, Cairo, Egypt

<https://www.intercontinental.com/hotels/gb/en/cairo/crohc/hoteldetail>



## Functional Rooms

- Hall (A): Saraya 1 (-4 level)
- Hall (B): Saraya 2 (-4 level)
- Hall (C): Saraya 3 (-4 level)
- Hall (D): (-3 level)
- **VIP Room: San Souchi (-4 level)**

## Registration Area:

- Within the Exhibition

## • Business Lunch:

Shahrzad

## • Prayer Corner:

Foyer for exhibition

## • Coffee tea & refreshment:

Within the exhibition

## Registration Hours:

12 June 2024

08:00 A.M. to 06:00 P.M.

13 June 2024

08:00 A.M. to 03:00 P.M.

CONGRESS PROGRAM		
12 June, 2024 (Intercontinental Citystars Hotel)		
TIME	HALL (A) (GENERAL PSYCHIATRY)	
	SYMPOSIUM (1) Sex Difference in the Clinical Presentation and Management of Eating Disorders in Youth	
09.00-10.00	<b>Chairpersons</b> Prof. Reda Ismail (Al Azhar Uni.) Prof. Heba Essawi (ASU) Prof. Fatma Sherif (Zagazig Uni.) Prof. Samah Hamed Rabei (Helwan Uni.)	<b>Speakers</b> <b>Male eating disorders: an update for an under-recognized population.</b> Prof. Heba Essawi (ASU) <b>Sex differences in psychopathology and clinical picture.</b> Prof. Nermin Shaker (ASU) <b>Moving towards a gender- specific treatment in eating disorders.</b> Dr. Sara Elawady (ASU)

	<b>CONGRESS PROGRAM</b>	
	<b>12 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (A)</b> <b>(GENERAL PSYCHIATRY)</b>	
<b>10.00-10.30</b>	<b>OPENING CEREMONY</b>	
	<p><b>PROF. TAREK AHMED OKASHA</b> Congress Secretary General Professor of Psychiatry, Okasha Institute of Psychiatry, Ain Shams University</p> <p><b>PROF. NAHLA ELSAYED NAGY</b> Congress President Director of Okasha Institute of Psychiatry, Ain Shams University</p> <p><b>PROF. TAREK YOUSSEF</b> Chief Executive Officer -Faculty of Medicine, Ain Shams University</p> <p><b>PROF. AFAF HAMED KHALIL</b> Congress Director Professor of Psychiatry, Okasha Institute of Psychiatry, Ain Shams University</p> <p><b>PROF. MOSTAFA SHAHIN</b> Professor of Psychiatry, Cairo University Secretary General Arab Federation of Psychiatrists Board</p> <p><b>PROF. MOMTAZ ABDEL WAHAB</b> Professor of Psychiatry, Cairo University President of the Egyptian Psychiatric Association</p> <p><b>PROF. THOMAS G. SCHULZE</b> President-Elect of the World Psychiatric Association Institute of Psychiatric Phenomics and Genomics LMU University Hospital, Munich</p> <p><b>PROF. MOSTAFA KAMEL ISMAIL</b> Professor of Psychiatry, Okasha Institute of Psychiatry, Ain Shams University Chair of the Continuous Professional Development Committee</p> <p><b>PROF. AHMED OKASHA</b> Founder Okasha Institute of Psychiatry, Ain Shams University Hon. President Egyptian Psychiatric Association &amp; Arab Federation of Psychiatrists Advisor to His Excellency the President of Egypt for Mental Health and Community Integration</p> <p><b>PROF. ALI MOHAMED ALANWAR</b> Dean of Faculty Ain Shams University Chairman of the Board of Directors of Ain Shams University Hospitals</p> <p><b>HIS EXCELLENCY</b> <b>PROF. MOHAMED DIAA ZAIN AL-ABIDIN</b> President Ain Shams University</p>	
	<p><b>PLENARY LECTURE</b> <b>Treatment Resistance in Psychiatric Disorders</b></p>	
<b>10.30-11.30</b>	<p><b>Chairpersons</b> Prof. Momtaz Abdel Wahab (President Egyptian Psychiatric Association) Prof. Mostafa Shahin (President Arab Federation of Psychiatrists) Prof. Nahla Elsayed (Director Okasha Institute of Psychiatry, ASU) Prof. Menan Abdel Maksoud (Secretary General of General Secretariat of Mental Health and Addiction Treatment)</p>	<p><b>Speaker</b> Prof. Ahmed Okasha (ASU)</p>

	<b>CONGRESS PROGRAM</b>	
	<b>12 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (A)</b> <b>(GENERAL PSYCHIATRY)</b>	
	<b>SATELLITE SYMPOSIUM (1)</b> <b>New Trends in the Management in Psychiatric Disorders</b> <b>HIKMA</b>	
<b>11.30-12.30</b>	<b>Chairpersons</b> Prof. Mostafa Shahin (Cairo Uni.) Prof. Tarek Okasha (ASU) Prof. Hany Hamed (Bani Sweif Uni.) Prof. Hossam El Sawy (Tanta Uni.)	<b>Speakers</b> <b>Vortioxetine and Depression: The Untold Story.</b> Prof. Hisham Ramy (ASU) <b>Frontiers in the management of schizophrenia.</b> Prof. Abdel Nasser Omar (ASU)
	<b>KEYNOTE LECTURE (1)</b> <b>Psychiatric Genetic Research:</b> <b>Comprehensive phenotyping, technological advances &amp; trust-based global networking</b>	
<b>12:30-01:00</b>	<b>Chairpersons</b> Prof. Mostafa Kamel (ASU) Prof. Abdel Nasser Omar (ASU) Prof. Nahla Elsayed (ASU) Prof. Mohamed Fekry (ASU)	<b>Speaker</b> Prof. Dr. med. Thomas G. Schulze, (Germany, WPA President Elect)
	<b>FOCUS LECTURE (1)</b> <b>Mind &amp; Body Fit in Schizophrenia Treatment</b> <b>APEX</b>	
<b>01.00-01.30</b>	<b>Chairpersons</b> Prof. Ola Shahin (Cairo Uni.) Prof. Salwa Tobbar (Mansoura Uni.) Prof. Taghreed Elshafie (Al Azhar Uni.) Prof. Nermine Hamdy (Minia Uni.)	<b>Speaker</b> Prof. Nahla Elsayed (ASU)
<b>01.30-02.00</b>	<b>BRAIN BREAK</b>	
	<b>FOCUS LECTURE (2)</b> <b>Role of Third Generation Antipsychotics in Schizophrenia</b> <b>HABIB</b>	
<b>02.00-02.30</b>	<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Taghreed Elshafie (Al Azhar Uni.) Prof. Nivert Zaki (ASU) Prof. Marwa Abdel Meguid (ASU)	<b>Speaker</b> Prof. Tarek Okasha (ASU)
	<b>KEYNOTE LECTURE (2)</b> <b>Common Mistakes in Clinical Practice</b>	
<b>02.30-03.00</b>	<b>Chairpersons</b> Prof. Abdalla Abdelrahman (Sudan) Prof. Mostafa Shahin (Cairo Uni.) Prof. Mona El Rakhawy (Cairo Uni.) Prof. Haydy Hassan (Suez Canal Uni.)	<b>Speaker</b> Prof. Tarek El Habib (KSA)

	<b>CONGRESS PROGRAM</b>	
	<b>12 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (A)</b> <b>(GENERAL PSYCHIATRY)</b>	
	<b>SATELLITE SYMPOSIUM (2)</b> <b>Novel Approaches to Some Psychiatric Disorders</b> <b>JANSSEN</b>	
<b>03.00-04.00</b>	<b>Chairpersons</b> Prof. Magda Fahmy (Suez Canal Uni.) Prof. Tarek Okasha (ASU) Prof. Tarek Molokhia (Alexandria Uni.) Prof. Amira Nassieb (ASU)	<b>Speakers</b> <b>Take me back to life (TRD THE CHALLENGE).</b> Prof. Hanan El Shenawy (Cairo Uni.) <b>Early intervention and relapse prevention for psychotic patients; the use of long acting paliperidone palmitate.</b> Prof. Mona El Sheikh (ASU)
	<b>KEYNOTE LECTURE (5)</b> <b>Update in the Management of Alzheimer Disease</b>	
<b>04.00-04.30</b>	<b>Chairpersons</b> Prof. Manar Mostafa (ASU) Prof. Noha Sabry (Cairo Uni.) Prof. Walaa Sabry (Badr Uni.) Prof. Wafaa Haggag (Suez Canal Uni.)	<b>Speaker</b> Prof. Tarek Okasha (ASU)
<b>04:30-05:00</b>	<b>BRAIN BREAK</b>	
	<b>SYMPOSIUM (5)</b> <b>Advances in Key Areas of Women Mental Health</b>	
<b>05.00-06.30</b>	<b>Chairpersons</b> Prof. Ahmad Makhoulf (Dean Badr Uni.) Prof. Magda Fahmy (Suez Canal Uni.) Prof. Gihan ELNAHAS (ASU) Prof. Reem Hashim (ASU)	<b>Speakers</b> <b>Introduction.</b> Prof. Gihan ELNAHAS (ASU) <b>Advances in the diagnosis and treatment of premenstrual mental disorders.</b> Prof. Mona Ibrahim (ASU) <b>Advances in the diagnosis and treatment of female psychosexual dysfunction.</b> Prof. Mohamed Fekry (ASU) <b>Advanced services to female survivors of intimate partner violence.</b> Prof. Noha Sabry (ASU) <b>Biological burden on the mental well-being of women.</b> Prof. Wafaa El-Bahaey (Mansoura Uni.)

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	<b>CONGRESS PROGRAM</b>	
	<b>12 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (B)</b> <b>(CHILD &amp; ADOLESCENT PSYCHIATRY)</b>	
	<b>FORUM (1)</b> <b>Infant Psychiatric Disorders Across the Normality Pathology Continuum</b>	
<b>09.00-10.00</b>	<b>Chairpersons</b> Prof. Suaad Mousa (Cairo Uni.) Prof. Mona El Sheikh (ASU) Prof. Heba Elshahawi (ASU)	<b>Speakers</b> <b>Normal infant development and common infant psychiatric disorders.</b> Prof. Mona El Sheikh (ASU) <b>Infant Psychiatry: A road to understanding Psychopathology.</b> A. Prof. Dina ElGabry (ASU) <b>Management of infant psychiatric disorders.</b> Dr. Tarek El Sehrawy (ASU)
	<b>SYMPOSIUM (3)</b> <b>Updating The Management of ADHD: Opportunities and Challenges</b>	
<b>12:30-01:30</b>	<b>Chairpersons</b> Prof. Safeya Effat (ASU) Prof. Hisham Ramy (ASU) Prof. Mona El Sheikh (ASU) Prof. Marwa El Missiry (ASU)	<b>Speakers</b> <b>The Untold Story of ADHD.</b> Prof. Hisham Ramy (ASU) <b>Pros and Cons of pharmacological management of ADHD.</b> Prof. Mona El Sheikh (ASU) <b>Smart but scattered: executive functions of ADHD.</b> Prof. Marwa El Missiry (ASU) (15 Minutes) <b>Case Presentation.</b> Dr. Sohayla Samy (ASU)
<b>01.30-02.00</b>	<b>BRAIN BREAK</b>	
	<b>MEET THE EXPERT (1)</b> <b>Legal Implications of Child and Adolescent Psychiatry: Challenges and Opportunities</b>	
<b>02.00-03.00</b>	<b>Chairpersons</b> Prof. Safeya Effat (ASU) Prof. Hisham Ramy (ASU) Prof. Mohamed Nasr (Cairo Uni.)	<b>Speakers</b> <b>Juvenile offenders and criminal responsibility.</b> Prof. Safeya Effat (ASU) <b>Egyptian child protection law and child Adolescent psychiatry; the untold story.</b> Prof. Hisham Ramy (ASU) <b>Management of children and adolescents in the legal system, victims and perpetrators.</b> Prof. Mona El Sheikh (ASU) <b>Case presentation: Approach to a forensic child psychiatry case from clinical practice.</b> Dr. Mohamed Farwiz (ASU)
	<b>KEYNOTE LECTURE (3)</b> <b>Management of Delayed Scholastic Achievement</b>	
<b>03.00-03.30</b>	<b>Chairpersons</b> Prof. Mona Mansour (ASU) Prof. Howaida Elgebaly (Child Institute, ASU) Prof. Ola Shahin (Cairo Uni.) Prof. Iman Gaber (GSMHAT)	<b>Speaker</b> Prof. Safeya Effat (ASU)

	CONGRESS PROGRAM	
	12 June, 2024 (Intercontinental Citystars Hotel)	
TIME	HALL (B) (CHILD & ADOLESCENT PSYCHIATRY)	
	KEYNOTE LECTURE (4) The Healing Canvas: Exploring the transformative power of art therapy in child psychiatry	
03.30-04.00	Chairpersons Prof. Azza Al Bakri (Cairo Uni.) Prof. Suaad Mousa (Cairo Uni.) Prof. Maha Emadeldin (Bani Sweif Uni.) Prof. Marwa Soltan (ASU)	Speaker Prof. Lakshmi Sravanti (India)
	HOT TOPICS IN PSYCHIATRY (1)	
04.00-04.30	Chairpersons Prof. Afaf Hamed Khalil (ASU) Maj. Gen. Prof. Ehab Elbaz (Armed Forces) Prof. Eman Shourab (ASU) A. Prof. Ola Oufa (ASU)	Speakers Irisin (the exercise hormone): beyond exercise. Dr. Mohammed Hosny Rabie (UAE) Treatment-resistant OCD. Dr. Nasser Zahran (Maamoura Hosp.)
04:30-05:00	BRAIN BREAK	
	FORUM (3) Challenges in Diagnosing and Management of Emotional Disorders in Adolescents	
05.00-06.30	Chairpersons Prof. Afaf Mohamed (ASU) Prof. Heba Elshahawi (ASU) Prof. Ghada Refaat (ASU) Prof. Reem El Ghamry (ASU)	Speakers The diagnostic challenges of disruptive mood dysregulation disorder (behavioural part). Prof. Nermin Shaker (ASU) Hope in childhood trauma (Emotional Impact of Childhood Trauma). Prof. Salwa Tobbar (Mansoura Uni.) The diagnostic challenges of disruptive mood dysregulation disorder (emotional part). Prof. Marwa Soltan (ASU) Do children Grieve? Prof. Shewikar El Bakry (Banha Uni.) Bipolar disorder in children and adolescents. Prof. Reem El Ghamry (ASU)

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	<b>CONGRESS PROGRAM</b>	
	<b>12 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (C)</b> <b>(GENERAL PSYCHIATRY &amp; ADDICTION)</b>	
	<b>WORKSHOP (A)</b> <b>Family Therapy Techniques: Working with challenging families</b>	
<b>09.00-10.00</b>	<b>Chairpersons</b> Prof. Eman Abou Elaa (ASU) Prof. Mohamed Nassr (Cairo Uni.) Prof. Taghreed Elshafie (Al Azhar Uni.) Prof. Hanan Azzam (ASU)	<b>Speakers</b> <b>Family therapy techniques: Working with challenging families.</b> Prof. Hanan Azzam (ASU) <b>Dynamic and interaction within family relationships.</b> Prof. Taghreed Elshafie (Al Azhar Uni.) <b>Family therapy in ADHD.</b> Prof. Reem El Ghamry (ASU)
	<b>SYMPOSIUM (2)</b> <b>Opioid Substitution Therapy</b>	
<b>11.30-12.30</b>	<b>Chairpersons</b> Prof. Menan Abdel Maksoud (GSMHAT) Prof. Samir Abou Elmagd (Cairo Uni.) Prof. Farej Mohamed Mahdawi (Libya) Maj. Gen. Prof. Ibrahim Badawy (Police Hosp.)	<b>Speakers</b> <b>Buprenorphine in opioid substitution therapy.</b> Prof. Nahla Elsayed (ASU) <b>Long acting Buprenorphine in opioid substitution therapy.</b> Prof. Amany Haroun (ASU) <b>Egyptian experience: Methadone.</b> Prof. Menan Abdel Maksoud (GSMHAT) <b>Pros and cons of opioid substitute for OST.</b> Prof. Soheir H. ElGhonemy (ASU)
	<b>FORUM (2)</b> <b>Addiction: The multifaceted problems</b>	
<b>12:30-01:30</b>	<b>Chairpersons</b> Prof. Ashraf Tantawy (Suez Canal Uni.) Prof. Tamer Gewaly (Cairo Uni.) Prof. Hisham Hatata (ASU) Dr. Ahmed Abd El Rahman (NMHC)	<b>Speakers</b> <b>The problem of addiction in Egypt: filling the gaps through statistical analysis.</b> A. Prof. Mohamed Hossam El Din (ASU) <b>Opiate management as an example for treatment resistant psychiatric disorders.</b> Prof. Mohamed Adel Elhadidy (Mansoura Uni.) <b>Food addiction: Exploring behavioral addiction.</b> Prof. Wafaa Haggag (Suez Canal Uni.)
<b>01.30-02.00</b>	<b>BRAIN BREAK</b>	
	<b>SYMPOSIUM (4)</b> <b>Old Age Problems: Under the scope</b>	
<b>02.00-03.00</b>	<b>Chairpersons</b> Prof. Ahmed Mobarek (Tanta Uni.) Prof. Ahmed Abdel Latief (Cairo Uni.) Dr. Nessreen Abusrewil (Libya) Prof. Fatma Sherif (Zagazig Uni.)	<b>Speakers</b> <b>Successful aging.</b> Prof. Mohammed Elmahdi (Al Azhar B Uni.) <b>What can I do about my father's inappropriate behavior? How to respond?</b> Prof. Mai Abdel-Raouf Eissa (Tanta Uni.) <b>Depression in grandmothers.</b> Prof. Afaf Hamed Khalil (ASU)

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<b>TIME</b>	<b>HALL (C)</b> <b>(GENERAL PSYCHIATRY &amp; ADDICTION)</b>	
	<b>MEET THE EXPERT (2)</b> <b>Approaches for Management of Performance Anxiety</b>	
<b>03.00-04.00</b>	<b>Chairpersons</b> Prof. Ahmed Saad (ASU) Prof. Mona Reda (Child Institute, ASU) Prof. Samir Abou Elmagd (Cairo Uni.) Prof. Ehab Ramadan (Tanta Uni.) Maj. Gen. Prof. Mohamed Diab (Armed Forces)	<b>Speakers</b> <b>Performance anxiety.</b> Prof. Mohamed Fekry (ASU) <b>Approaches to the management of performance anxiety.</b> Dr. Mohamed Gamal Farwiz (ASU)
	<b>KEYNOTE LECTURE (6)</b> <b>OCD: Management of resistant OCD in children and adolescents</b>	
<b>04.00-04.30</b>	<b>Chairpersons</b> Prof. Safeya Effat (ASU) Prof. Ghada El Dorry (Badr Uni.) Prof. Mostafa Al Sadany (Alexandria Uni.) Prof. Shewikar El Bakry (Banha Uni.) Prof. Mona El Sheikh (ASU)	<b>Speaker</b> Prof. Maha Sayed (ASU)
<b>04:30-05:00</b>	<b>BRAIN BREAK</b>	
	<b>HOT TOPICS IN PSYCHIATRY (2)</b>	
<b>05.00-06.30</b>	<b>Chairpersons</b> Prof. Heba Elshahawi (ASU) Prof. Mohammad Seleem (Tanta Uni.) Prof. Soha Ghobashy (Alexandria Uni.) Prof. Osama Gado (Zagazig Uni.)	<b>Speakers</b> <b>Medication-Assisted Treatment (MAT): A Trusted Approach to Opioid Use Disorder Management.</b> Prof. Mohamed Abdelghani (Zagazig Uni.) <b>Assessment of probiotic strain Lactobacillus acidophilus LB supplementation as adjunctive management of attention-deficit hyperactivity disorder in children and adolescents: A randomized controlled clinical trial.</b> Reham M. Elhossiny (ASU) <b>Psychological and Radiological Study of Cognitive Impairment among Diabetic Patients (A Comparative Cross-Sectional Study).</b> Dr. Dalia Hannora (Tanta Uni.) <b>Resistance schizophrenia (why psychosis is bad for the brain).</b> Prof. Mona Elsayed (Suez Canal Uni.) <b>Post-traumatic stress disorder in veterans.</b> A. Lect. Ibrahim Mohamed Talaat (AFCM) <b>Anesthesia and Mental Illness.</b> Dr. Hesham Maged (Abbassia Hosp.)

	<b>CONGRESS PROGRAM</b>	
	<b>13 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (A)</b> <b>(GENERAL PSYCHIATRY)</b>	
	<b>SYMPOSIUM (6)</b> <b>OCD: A break through approach</b>	
<b>09.00-10.00</b>	<b>Chairpersons</b> Prof. Hossam El Sawy (Tanta Uni.) Prof. Reda Roshdy (Al Azhar Uni.) Prof. Mahmoud Elwasify (Mansoura Uni.) Prof. Hala Taha (Al Azhar Uni.)	<b>Speakers</b> <b>Evolution of surgical management of intractable OCD.</b> Prof. Walid Abdel Ghany (ASU) <b>Combining non-surgical and surgical treatment modalities in an intractable OCD Egyptian cohort.</b> Dr. Hussein Hamdi Abouelgheit, <b>Dr. Hend M. Aref</b> (Tanta Uni.) <b>Obsessive compulsive disorder in the context of different psychiatric disorders: challenges in diagnosis and treatment.</b> A. Prof. Ayman Al Hosainey (Al Azhar Uni.)
	<b>FOCUS LECTURE (3)</b> <b>Clinical Challenges in Choosing the Suitable Antipsychotic</b> <b>EVA</b>	
<b>10.00-10.30</b>	<b>Chairpersons</b> Prof. Afaf Hamed Khalil (ASU) Prof. Noha Sabry (Cairo Uni.) Prof. Mostafa Al Sadany (Alexandria Uni.) Prof. Mahmoud Elwasify (Mansoura Uni.)	<b>Speakers</b> Prof. Marwa AbdEl Meguid (ASU) <b>A road map to achieve recovery in major depression.</b> Prof. Tarek Molokhia (Alex. Uni.)
	<b>FOCUS LECTURE (4)</b> <b>Updated Management of Mixed Anxiety Depression Disorder</b> <b>VIATRIS</b>	
<b>10.30-11.00</b>	<b>Chairpersons</b> Prof. Mona El Rakhawy (Cairo Uni.) Prof. Mohamed El Hammady (Banha Uni.) Prof. Lamiaa Elhamrawy (Menofia Uni.) Prof. Ehab Ramadan (Kafr Elsheitk Uni.)	<b>Speaker</b> Prof. Nahla Elsayed (ASU)
	<b>MEET THE EXPERT (4)</b> <b>The Pathway to Psychiatric Services: Current scenario and future implications</b>	
<b>11.00-12.00</b>	<b>Chairpersons</b> Prof. Ahmad Makhoulf (Dean Badr Uni.) Prof. Mostafa Shahin (Cairo Uni.) Prof. Menan Abdel Maksoud (GSMHAT) Prof. Noha Sabry (Cairo Uni.) Prof. Nivert Zaki (ASU)	<b>Speakers</b> <b>Humanizing the dehumanized digital services in Egypt: From planning to implementation.</b> Prof. Menan Abdel Maksoud (GSMHAT) <b>Reading the evidence; the way to pave the gaps in the psychiatry services – the Egyptian experience.</b> Prof. Noha Sabry (Cairo Uni.) <b>Current pathways to Psychiatric service to identifying causes of delay to seeking treatment.</b> Prof. Sherien Ahmed Khalil (ASU)

	<b>CONGRESS PROGRAM</b>	
	<b>13 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (A)</b> <b>(GENERAL PSYCHIATRY)</b>	
	<b>FOCUS LECTURE (5)</b> <b>Depression: Pathway to Recovery</b> <b>MASH</b>	
<b>12.00-12.30</b>	<b>Chairpersons</b> Prof. Mohamed Refaat Elfiki (ASU) Prof. Ahmed Saad (ASU) Prof. Hanan El Shenawy (Cairo Uni.) Prof. Eman Shourab (AFCM)	<b>Speaker</b> Prof. Afaf Hamed Khalil (ASU)
	<b>CHALLENGE SESSION (1)</b> <b>The Genius Psychiatrist</b> <b>SUNPHARMA</b>	
<b>12.30-01.30</b>	<b>Chairpersons</b> Prof. Ahmed Mobarek (Tanta Uni.) Prof. Ahmed Saad (ASU) Maj. Gen. Prof. Gamal Farwiz (Armed Forces) Prof. Hala Hammad (UK)	<b>Speakers</b> Prof. Mahmoud Elhabiby (ASU) Prof. Mahmoud Morsi (AFCM)
<b>01.30-02.00</b>	<b>BRAIN BREAK</b>	
	<b>FOCUS LECTURE (6)</b> <b>Antipsychotics: A New hope in bipolar disorder</b> <b>ALANDALOUS</b>	
<b>02.00-02.30</b>	<b>Chairpersons</b> Prof. Elsayed Gad (Tanta Uni.) Prof. Afaf Hamed Khalil (ASU) Prof. Tarek Okasha (ASU) Maj. Gen. Prof. Mohamed Reda (Armed Forces)	<b>Speaker</b> Prof. Tarek Molokhia (Alex. Uni.)
	<b>FOCUS LECTURE (7)</b> <b>Dopamine and Depression</b> <b>ELIXIR</b>	
<b>02.30-03.00</b>	<b>Chairpersons</b> Prof. Tarek Okasha (ASU) Prof. Tarek Molokhia (Alexandria Uni.) Maj. Gen. Prof. Ehab Elbaz (Armed Forces) Prof. Marwa Abdel Meguid (ASU)	<b>Speaker</b> Prof. Hany Hamed Dessoki (Beni Suef Uni.)
	<b>FOCUS LECTURE (8)</b> <b>Role of Modafinil in some Psychiatric Disorders</b> <b>CHEMIPHARM</b>	
<b>03.00-03.30</b>	<b>Chairpersons</b> Prof. Afaf Hamed Khalil (ASU) Prof. Alaa Darwish (Assuit Uni.) Prof. Mohamed Abou Alabbas (Al Azhar D. Uni.) Prof. Ehab Ramadan (Kafr Elsheikh Uni.)	<b>Speaker</b> Prof. Tarek Okasha (ASU)



CONGRESS PROGRAM		
13 June, 2024 (Intercontinental Citystars Hotel)		
TIME	HALL (A) (GENERAL PSYCHIATRY)	
	FOCUS LECTURE (9) Safe Recovery without Daily Boring Medication OTSUKA	
03.30-04.00	<b>Chairpersons</b> Prof. Mostafa Shahin (Cairo Uni.) Prof. Salwa Tobbar (Mansoura Uni.) Prof. Soheir H. ElGhonemy (ASU) Prof. Mahmoud Elwasify (Mansoura Uni.)	<b>Speaker</b> Prof. Mohamed Adel Elhadidy (Mansoura Uni.)
	<b>The Role of Media in Recognizing High Functioning Autism</b> حالة خاصة	
04.00-05.00	<b>Chairpersons</b> Prof. Heba Elshahawi (ASU) Prof. Marwa El Missiry (ASU) A. Prof. Dina ElGabry (ASU)	<b>Speakers</b> <b>Symptoms of high functioning autism.</b> Prof. Heba Elshahawi (ASU) <b>Role of the family in early identification and treatment of high functioning autism.</b> Prof. Marwa El Missiry (ASU) <b>Critical appraisal of the TV series "حالة خاصة".</b> Prof. Dina ElGabry (ASU)

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the 7th International Congress on Child & Adolescent Psychiatry  
June 11-13, 2024

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	<b>CONGRESS PROGRAM</b>	
	<b>13 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (B)</b> <b>(CHILD &amp; ADOLESCENT PSYCHIATRY)</b>	
	<b>WORKSHOP (B)</b> <b>Exposure to Violence: A study in children and adolescents</b>	
<b>09.00-10.00</b>	<b>Chairpersons</b> Prof. Tarek Molokhia (Alexandria Uni.) Prof. Mohamed Ramadan (Fayoum Uni.) Prof. Heba Essam (Alex. Uni.) Prof. Heba Fathi (Cairo Uni.) A. Prof. Mostafa Abdel Kader (ASU)	<b>Speakers</b> <b>Introduction to violence in children and adolescents.</b> Prof. Soha Ghobashy (Alexandria Uni.) <b>Protocol for intervention.</b> Prof. Heba Essam (Alexandria Uni.) <b>Methodology of the study and demographic data.</b> A. Lect. Amira Khaled Zakaria (Alexandria Uni.) <b>Results of the study.</b> A. Lect. Aya Maged Hamza (Alexandria Uni.)
	<b>FORUM (5)</b> <b>Sensory Integration and Sensory Rooms: What's beyond?</b>	
<b>10.00-11.00</b>	<b>Chairpersons</b> Prof. Zeinab Bishry (ASU) Prof. Suaad Mousa (Cairo Uni.) Prof. Afaf Mohamed (ASU) Prof. Iman Gaber (GSMHAT)	<b>Speakers</b> <b>Introduction.</b> Prof. Afaf Mohamed (ASU) <b>Sensory modulation strategy in patients with schizophrenia: Introducing new concept in treatment.</b> Prof. Heba Elshahawi (ASU) <b>Theories of dyslexia and sensorimotor integration therapy.</b> A. Prof. Manal Omar (ASU) <b>Sensory motor integration therapy; a path from debates to facts.</b> Prof. Noha Samy (ASU)
	<b>SYMPOSIUM (8)</b> <b>Navigating Psychopharmacology for Growing Minds</b>	
<b>11.00-12.00</b>	<b>Chairpersons</b> Prof. Zeinab Bishry (ASU) Prof. Hisham Ramy (ASU) Prof. Mona El Sheikh (ASU) Prof. Mahmoud Elwasify (Mansoura Uni.)	<b>Speakers</b> <b>Introduction.</b> Prof. Hisham Ramy (ASU) <b>Prescription guidelines for the use of antidepressants in child and adolescent psychiatry.</b> Prof. Mona El Sheikh (ASU) <b>Prescription guidelines for the use of stimulants in child and adolescent psychiatry.</b> Prof. Marwa El Missiry (ASU) (15 Minutes) <b>Updates on pharmacological management of ASD comorbidity.</b> Prof. Mahmoud Elwasify (Mansoura Uni.)

	<b>CONGRESS PROGRAM</b>	
	<b>13 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (B)</b> <b>(CHILD &amp; ADOLESCENT PSYCHIATRY)</b>	
	<b>KEYNOTE LECTURE (7)</b> <b>Mechanisms Underlying Depression: A focus on immune-psychiatry</b>	
<b>12.00-12.30</b>	<b>Chairpersons</b> Prof. Maha Sayed (ASU) Prof. Mai Abdel-Raouf Eissa (Tanta Uni.) Prof. Lamiaa Elhamrawy (Menofia Uni.) Prof. Heba Fathi (Cairo Uni.)	<b>Speaker</b> Prof. Valeria Mondelli (UK)
	<b>MEET THE EXPERT (6)</b> <b>Exploring the Link between Trauma, Sexual Abuse and Eating Disorders</b>	
<b>12.30-01.30</b>	<b>Chairpersons</b> Prof. Heba Essawi (ASU) Prof. Salwa Tobbar (Mansoura Uni.) Prof. Nermin Shaker (ASU) Prof. Samah Hamed Rabei (Helwan Uni.)	<b>Speakers</b> <b>Trauma and eating disorders; understanding the comorbidity.</b> Prof. Heba Essawi (ASU) <b>The link between sexual abuse and eating disorders.</b> Prof. Nermin Shaker (ASU) <b>Impact of trauma and sexual abuse on management.</b> Prof. Dalia Abdel Moneim (ASU)
<b>01:30-02:00</b>	<b>BRAIN BREAK</b>	
	<b>LECTURE VIEW (1)</b> <b>Screening for Adolescents' Mental Health</b>	
<b>02.00-02.30</b>	<b>Chairpersons</b> Prof. Ola Shahin (Cairo Uni.) Prof. Nelly Raafat (Zagazig Uni.) Prof. Marwa Soltan (ASU) Prof. Reem Hashim (ASU)	<b>Speaker</b> Dr. Mohamed Nasr (Cairo Uni.)
	<b>SYMPOSIUM (9)</b> <b>Interface between Child Psychiatry and Medical Diseases: A holistic approach</b>	
<b>02.30-03.30</b>	<b>Chairpersons</b> Prof. Safeya Effat (ASU) Prof. Mona Mansour (ASU) Prof. Mona El Sheikh (ASU) Prof. Shaimaa Arafa (Al Azhar Uni.)	<b>Speakers</b> <b>The psychiatric face of endocrine disorders.</b> Prof. Rasha Tareif Hamza (Paediatric Dept., Ain Shams Uni.) <b>The impact of psychiatry on communication disorders; a phoniatician's perspective.</b> Prof. Ahmed Nabil Khatab (Phoneatric Dept., Ain Shams Uni.) <b>Acne isotretinoin and depression.</b> Prof. Mahmoud Abdallah (Dermatology Dept., Ain Shams Uni.) <b>Where does pediatric ophthalmology meet psychiatry?</b> Prof. Momen Hamdi (Ophthalmology Dept., Ain Shams Uni.)

	<b>CONGRESS PROGRAM</b>	
	<b>13 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (B)</b> <b>(CHILD &amp; ADOLESCENT PSYCHIATRY)</b>	
	<b>FORUM (7)</b> <b>Body Dysmorphic Disorder</b>	
<b>03.30-04.30</b>	<b>Chairpersons</b> Prof. Maha Sayed (ASU) Prof. Heba Essawi (ASU) Prof. Lamiaa Elhamrawy (Menofia Uni.) Prof. Omnia Raafat (Cairo Uni.)	<b>Speakers</b> <b>Body Dysmorphic Disorder: An Overview and dilemma of classification.</b> Prof. Maha Sayed (ASU) <b>Navigating the complex interplay: Body dysmorphic disorder and eating disorder.</b> Prof. Heba Essawi (ASU) <b>Body dysmorphic disorders in plastic surgery practice.</b> Prof. Ahmed Aly (Plastic Surgery, ASU) <b>Psychopathological aspects and co-morbidities of BDD.</b> A. Prof. Dina ElGabry (ASU)
	<b>HOT TOPICS IN PSYCHIATRY (3)</b>	
<b>04.30-05.00</b>	<b>Chairpersons</b> Prof. Mostafa Al Sadany (Alexandria Uni.) Prof. Mahmoud Elwasify (Mansoura Uni.) Prof. Noha Samy (ASU)	<b>Speakers</b> <b>Internet Addiction Disorder (update).</b> Prof. Alaa Farghaly (Teaching Hosp.) <b>Substance use disorder in adolescents with ADHD.</b> Prof. Mohammad Seleem (Tanta Uni.) <b>The 4 Clinical Presentations of OCD.</b> Prof. Wa-il Abohendy (Zagazig Uni.) <b>Religion: Impact on the clinical presentation of psychiatric disorders in Arab countries.</b> Prof. Afaf Hamed Khalil (ASU)

# **ACKNOWLEDGEMENTS**

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	<b>CONGRESS PROGRAM</b>	
	<b>13 June, 2024 (Intercontinental Citystars Hotel)</b>	
<b>TIME</b>	<b>HALL (C)</b> <b>(GENERAL PSYCHIATRY &amp; ADDICTION)</b>	
	<b>FORUM (4)</b> <b>Important Topics in Old Age Psychiatry</b>	
<b>09.00-10.00</b>	<b>Chairpersons</b> Prof. Tarek Okasha (ASU) Prof. Ghada Mourad (ASU) Prof. Wafaa El-Bahaey (Mansoura Uni.) Prof. Mohamed Fekry (ASU)	<b>Speakers</b> <b>Role of day care for elderly people.</b> Dr. Maissa Eid Afifi (ASU) <b>Sleep disturbance as an indicator of Alzheimer's dementia.</b> Prof. Doha El Serafy (ASU) <b>Changes that can denote an underlying psychiatric problem.</b> Prof. Dalia Abdel Moneim (ASU) <b>Addiction in old age.</b> Prof. Soheir H. ElGhonemy (ASU)
	<b>SYMPOSIUM (7)</b> <b>Impact of Culture of Substance Abuse</b>	
<b>10.00-11.00</b>	<b>Chairpersons</b> Prof. Menan Abdel Maksoud (GSMHAT) Prof. Tarek Abdel Gawad (Cairo Uni.) Prof. Samir Abou Elmagd (Cairo Uni.) Prof. Yasser Abo Raya (Zagazig Uni.	<b>Speakers</b> <b>Stimulants: The Egyptian experience.</b> Prof. Nahla Elsayed (ASU) <b>Focus on synthetic cannabinoids.</b> Prof. Hisham Hatata (ASU) <b>Anticholinergic drugs and Gapabentinoids use in Egyptian.</b> Prof. Soheir H. ElGhonemy (ASU) <b>Tramadol use among Egyptians.</b> A. Prof. Mohamed Hossam (ASU)
	<b>MEET THE EXPERT (5)</b> <b>Behavioral Addiction</b>	
<b>11.00-12.00</b>	<b>Chairpersons</b> Prof. Tarek Abdel Gawad (Cairo Uni.) Prof. Amany Haroun (ASU) Prof. Tamer Gweily (Cairo Uni.) Prof. Mahmoud ElHabiby (ASU)	<b>Speakers</b> <b>Gaming addiction; an emerging behavioral addiction.</b> Prof. Nahla Elsayed (ASU) <b>Internet addiction.</b> Prof. Amany Haroun (ASU) <b>Digital addiction.</b> Prof. Soheir H. ElGhonemy (ASU) <b>Cognitive and social impact of smartphone addiction.</b> A. Prof. Mohamed Hossam (ASU)
	<b>MINI LECTURES</b> <b>Focus on Personality Disorders</b>	
<b>12.00-12.30</b>	<b>Chairpersons</b> Prof. Abdel Nasser Omar (ASU) Prof. Hossam El Sawy (Tanta Uni.) Maj. Gen. Prof. Hosny Awad (Armed Forces) Dr. Hassan Mahmoud Hassan (NMHC)	<b>Speakers</b> <b>Personality, Psychopathology and Psychotherapy.</b> Prof. Taghreed Elshafie (Al Azhar Uni.) <b>Personality Disorders in ICD-11: Transforming understanding and practice.</b> Maj. Gen. Prof. Gen. Ehab Elbaz (Armed Forces)

	<b>CONGRESS PROGRAM</b>	
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<b>TIME</b>	<b>HALL (C)</b> <b>(CHILD &amp; ADOLESCENT PSYCHIATRY)</b>	
	<b>FORUM (6)</b> <b>Gender Dysphoria: Dilemma of classification and ethical considerations</b>	
<b>12.30-01.30</b>	<b>Chairpersons</b> Prof. Maha Sayed (ASU) Prof. Ghada El Dorry (Badr Uni.) Prof. Mai Abdel-Raouf Eissa (Tanta Uni.) Prof. Omnia Raafat (Cairo Uni.)	<b>Speakers</b> <b>Gender dysphoria: An overview.</b> Prof. Maha Sayed (ASU) <b>Legal and Psychosocial issues of gender dysphoria.</b> Prof. Omnia Raafat (Cairo Uni.) <b>Gender dysphoric in DSM classifications and scientific literature.</b> A. Prof. Dina ElGabry (ASU)
<b>01.30-02.00</b>	<b>BRAIN BREAK</b>	
	<b>LECTURE VIEW (2)</b> <b>Addiction: Streamlining of care</b>	
<b>02.00-02.30</b>	<b>Chairpersons</b> Prof. Tarek Abdel Gawad (Cairo Uni.) Prof. Medhat Bassiony (Zagazig Uni.) Prof. Reda Roshdy (Al Azhar Uni.) Prof. Hisham Hatata (ASU)	<b>Speaker</b> <b>Prof. Ahmed El Missiry (UK)</b>
	<b>WORKSHOP (C)</b> <b>Working with Shame in Life &amp; in Therapy</b>	
<b>02.30-03.30</b>	<b>Chairpersons</b> Prof. Ahmed Mobarek (Tanta Uni.) Prof. Refaat Mahfouz (Minia Uni.) Prof. Mona El Rakhawy (Cairo Uni.) Dr. Suzan El Kholy (ASU)	<b>Speakers</b> Dr. Ahmad Dobeia (Agiad Hosp.) Dr. Ahmad Ahmad Dobeia (Agiad Hosp.)
	<b>KEYNOTE LECTURE (8)</b> <b>Cultural Aspects in Psychotherapy for Treating PTSD in Adolescents and Young Adults</b>	
<b>03.30-04.00</b>	<b>Chairpersons</b> Prof. Reda Ismail (Al Azhar Uni.) Prof. Samir Abou Elmagd (Cairo Uni.) Prof. Hisham Ramy (ASU) Prof. Mohamed Adel Elhadidy (Mansoura Uni.)	<b>Speaker</b> <b>Dr. Goran Mijaljica (Sweden)</b>
	<b>WORKSHOP (E)</b> <b>Heart Rate Variability (HRV) as a Promising Tool in the Management of Psychiatric Disorders</b>	
<b>04.00-05.00</b>	<b>Chairpersons</b> Prof. Wafaa Haggag (Suez Canal Uni.) Prof. Reda Roshdy (Al Azhar Uni.) Prof. Shewikar El Bakry (Banha Uni.)	<b>Speaker</b> Prof. Ghada Elkhoully (ASU)



CONGRESS PROGRAM		
13 June, 2024 (Intercontinental Citystars Hotel)		
TIME	HALL (D) (GENERAL PSYCHIATRY)	
	MINI WORKSHOP Cognitive Behavioral Therapy in Chronic Pain	
02.00-02.30	<b>Chairpersons</b> Prof. Suzan El Kholy (ASU) Dr. Abdel Gawad Khalifa (ASU) Prof. Osama Gado (Zagazig Uni.) Dr. Tarek El Sehawry (ASU)	<b>Speakers</b> A. Prof. Ayman Al Hosainey (Al Azhar Uni.)
	WORKSHOP (D) Too Much or Too Little Sleep: How to manage them?	
02.30-03.30	<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Haydy Hassan (Suez Canal Uni.) Prof. Soheir H. ElGhonemy (ASU) Dr. Dina Ibrahim (ASU)	<b>Speakers</b> Prof. Mohamed Elwasify (Mansoura Uni.)
	NEW RESEARCH (1) Mental Health Overview	
03.30-05.00	<b>Chairpersons</b> Prof. Salwa Tobbar (Mansoura Uni.) Prof. Hussien Elkholy (UK) Prof. Mahmoud Elwasify (Mansoura Uni.) Prof. Dalia Abdel Moneim (ASU)	<b>Speakers</b> <b>Assessing the prevalence of health anxiety and its effect on the quality of life of medical students in Egypt: A nation-based cross-sectional study.</b> Dr. Mohamed Terra (Mansoura Uni.) <b>Empowering Egyptian Youth: Unveiling mental health literacy and help-seeking dynamics among university students.</b> Dr. Mohamed Baklola, Dr. Mohamed Terra, <b>Dr. Mohammed Elnemr</b> , Dr. Mohammad Yaseen, Dr. Anhar Taha, Dr. Ahmed Maher Fawzy, Dr. Kholoud Mohamed Dief, Dr. Doaa Abdelhady, Dr. Abdel-Hady El-Gilany (Mansoura Uni.) <b>Patterns and barriers of mental health service utilization among medical students.</b> <b>Dr. Mohamed Baklola</b> , Dr. Mohamed Terra, Dr. Doaa Abdelhady, Dr. Abdel-Hady El-Gilany (Mansoura Uni.)

THANKS TO

Mr. Amr Mohamed Hassanein


Head of IT Department,

Okasha Institute of Psychiatry

Mrs. Samia Mohamed

Administrative Manager,

Okasha Institute of Psychiatry



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