

19th International Congress on Psychiatry
7th International Congress on Child & Adolescent Psychiatry
4th International Congress on Addiction Psychiatry and Dual Diagnosis
1st Regional Women Mental Health Middle East & North Africa Congress
Resistant Psychiatric Disorders Predictors and Challenges

Pre-congress 11th June, 2024

Okasha Institute of Psychiatry

Faculty of Medicine, Ain Shams University, Cairo Egypt

Congress 12th – 13th June, 2024

Intercontinental Citystars Hotel, Cairo, Egypt

Organized by

Okasha Institute of Psychiatry

WPA Collaborating Center for Research and Training in Psychiatry

Ain Shams University, Cairo, Egypt



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Congress Online

www.asuip.com

CONGRESS VENUES and DATES

PRECONGRESS SCIENTIFIC ACTIVITIES

Tuesday 11th June / 2024

Okasha Institute of Psychiatry

Faculty of Medicine,
Ain Shams University
<http://oipasu.edu.eg>

Location



FUNCTIONAL ROOMS

Track (1): Okasha Auditorium

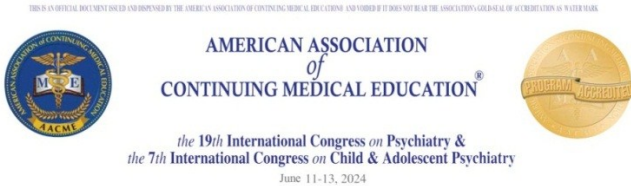
Track (2): Prof. Adel Sadek Hall

Track (3): Prof. Tarek Asaad Hall

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Credit Designation

The Accreditation Review Committee (ARC) of the **American Association of Continuing Medical Education®** designates this medical education activity for a maximum of **61.00** hours in the Category 1 credit of the Association's Designation. Each participant must claim only those credits that he/she actually spent in the activity.

	PREECONGRESS PROGRAM	
	11 June, 2024 (Okasha Institute of Psychiatry)	
TIME	TRACK (1) GENERAL PSYCHIATRY	
10.00-12.00	WORKSHOP (1) Overview of Substance Use Disorders: Different Modalities of Therapy	
	Chairpersons Prof. Nahla Elsayed (ASU) Prof. Amany Haroun (ASU) Prof. Mohamed El Hammady (Banha Uni.)	Speakers Pharmacotherapy in modality of substance use disorders therapy. Prof. Nahla Elsayed (ASU) Contingency management a modality of substance use therapy. Prof. Amany Haroun (ASU) The pathway to addiction. Prof. Hisham Hatata (ASU) Using motivational interviewing in substance use disorder treatment. Prof. Soheir H. ElGhonemy (ASU) Brief intervention in substance use. Prof. Mahmoud ElHabiby (ASU) Shedding a light on TMS in substance use disorder. Dr. Noha Ahmed Saad (ASU)
	MEET THE EXPERT (A) Psychiatric Interviewing: The Science and Art	
12.00-01.00	Chairpersons Prof. Naglaa El Mahalawy (ASU) Prof. Reda Roshdy (Al Azhar Uni.) Prof. Amira Nassieb (ASU)	Speakers Interviewing Techniques in Arab Society. Prof. Tarek El Habib (KSA) Critical Issues in psychiatric interviewing and mental state examination. Prof. Ahmed El Missiry (UK)
	SESSION (4) Substance Use and Co-occurring Mental & Medical Problems in Special Groups	
01.00-02.00	Chairpersons Prof. Amany Haroun (ASU) Prof. Samir Abou Elmagd (Cairo Uni.) Prof. Soheir H. ElGhonemy (ASU) Prof. Mahmoud ElHabiby (ASU)	Speakers Common types of addiction in women. Prof. Amany Haroun (ASU) Dual disorders: New perspectives. Prof. Hisham Hatata (ASU) Drug addiction in the elderly. Prof. Soheir H. ElGhonemy (ASU) Blood born infections in addicts. Prof. Mahmoud ElHabiby (ASU) Patterns of addiction in adolescents. Dr. Mayar Nawara (ASU) Medical complications of addiction. Dr. Noha Ahmed Saad (ASU)
02:00-02:30	BRAIN BREAK	

	PREECONGRESS PROGRAM	
	11 June, 2024 (Okasha Institute of Psychiatry)	
TIME	TRACK (1) GENERAL PSYCHIATRY	
	SESSION (5) Psycho-oncology Towards Improving Psychological Care for Young and Adult Females with Cancer: Magnitude of the Problem and Methods of Implementation	
02.30-03.30	Chairpersons Prof. Gihan ELNAHAS (ASU) Prof. Mohsen Elalfy (ASU) Prof. Hisham Alghazaly (ASU) Prof. Amira Nassieb (ASU)	Speakers Promoting resilience in adolescent females with cancer. Prof. Heba Elshahawi (ASU) Psycho-oncology support of breast cancer patients: An overview of research and intervention. Prof. Amira Nassieb (ASU) Presidential initiative of women health promotion in a country of more than one hundred million populations: the success story. Prof. Hisham Alghazaly (ASU)
	WORKSHOP (5) Psychotherapy Track	
03.30-04.30	Chairpersons Prof. Hanan Azzam (ASU) Prof. Suzan El Kholy (ASU) Prof. Reem El Ghamry (ASU) Dr. Abdel Gawad Khalifa (ASU)	Speakers Radical CBT ... Roots and branches: CBT for children and their parents. Dr. Nermeen Nabil Fawzy (Abbasiya Hosp.) ACT in group therapy. Dr. Fady Safwat (Abbasiya Hosp.)
	PUBLIC SESSION (1) Child Psychiatry	
04.30-05.30	Chairpersons د. نهى سامى (مركز عكاشه للطب النفسى) د. مصطفى عبد القادر (مركز عكاشه للطب النفسى)	المشاركون مشرف تمرىض / عادل محمد مشرف تمرىض / حسين سعيد

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THANKS TO ALL ORGANIZING TEAM

OKASHA INSTITUTE OF PSYCHIATRY



	PREECONGRESS PROGRAM	
	11 June, 2024 (Okasha Institute of Psychiatry)	
TIME	TRACK (2) CHILD PSYCHIATRY	
	SESSION (1) Self-Harm and Emotional Dysregulation in Children and Adolescents	
10.00-12.00	Chairpersons Prof. Afaf Mohamed (ASU) Prof. Hanan Azzam (ASU) Prof. Taghreed Elshafie (Al Azhar Uni.)	Speakers Self-harm from their eyes: Assessment as a road for treatment planning. Prof. Hanan Azzam (ASU) Biologically at risk for self-harm: Neurobiology of self-harm. Prof. Marwa Soltan (ASU) Social media and the rise of self-harm among teens and young ones. A. Prof. Dina ElGabry (ASU) Drug treatment of self-harm in assessments: evidence bases review. Dr. Mohamed Farwies (ASU)
	WORKSHOP (3) Recent Advances in Autistic Spectrum Disorder	
12.00-01.00	Chairpersons Prof. Safeya Effat (ASU) Prof. Reda Ismail (Al Azhar Uni.) Prof. Afaf Mohamed (ASU) Prof. Mona El Sheikh (ASU)	Speakers What is new about ASD? Prof. Afaf Mohamed (ASU) Immunotherapy in ASD; A case series. (Novel therapeutic approach using psychobiotics and fecal microbial transplantation for autism and ADHD). Prof. Heba Elshahawi (ASU) Metabolic approach to autism. Prof. Ghada Refaat (ASU)
	FORUM (A) Management of Depression: The Untold Story	
01.00-02.00	Chairpersons Prof. Naglaa El Mahalawy (ASU) Prof. Hisham Ramy (ASU) Prof. Sawsan Aboul-Fotouh (ASU) Prof. Nermin Shaker (ASU)	Speakers Management of depression: The untold story. Prof. Hisham Ramy (ASU) Antidepressant Update: Fast Non-Monoaminergic targeted antidepressant drugs. Prof. Sawsan Aboul-Fotouh (ASU)
02:00-02:30	BRAIN BREAK	

THANKS TO

Mr. Amr Mohamed Hassanein


Head of IT Department,

Okasha Institute of Psychiatry

Mrs. Samia Mohamed

Administrative Manager,

Okasha Institute of Psychiatry



	PREECONGRESS PROGRAM	
	11 June, 2024 (Okasha Institute of Psychiatry)	
TIME	TRACK (2) GENERAL PSYCHIATRY	
	WORKSHOP (6) Adolescent Substance use with a Focus on E-cigarette Smoking: The Gateway to an Epidemic	
02.30-04.30	Chairpersons Prof. Gihan ELNAHAS (ASU) Prof. Nermine Shaker (ASU) Prof. Hisham Hatata (ASU)	Speakers E-cigarette smoking in adolescents: The increasing trend. Prof. Nermin Shaker (ASU) Specific treatment approaches for adolescent tobacco and substance use. Dr. Mayar Nawara Dr. Noha Ahmed Saad (ASU)
	SESSION (7) Unveiling the Frontiers of Mood Disorders: Exciting advancements and future directions	
04.30-05.30	Chairpersons Prof. Nivert Zaki (ASU) Prof. Marwa Abdel Meguid (ASU) Prof. Dalia Abdel Moneim (ASU)	Speakers Serum ghrelin in major depressive disorder. Dr. Mariam Hisham Aly (ASU) Comorbidity of eating disorders in patients with bipolar disorder. Dr. Sarah Bahaa Eldin AbdAllah (ASU)

ACKNOWLEDGEMENTS

The congress committees wish to express their sincere thanks to the pharmaceutical companies for their participation in financing and supporting the congress

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	PREECONGRESS PROGRAM	
	11 June, 2024 (Okasha Institute of Psychiatry)	
TIME	TRACK (3) GENERAL & ADDICTION	
	WORKSHOP (2) Work / Life Balance	
10.00-11.00	Chairpersons Prof. Maha Sayed (ASU) Prof. Tarek Okasha (ASU) Prof. Marwa AbdEl Meguid (ASU) Prof. Hala Taha (Al Azhar Uni.)	Speakers Introduction. Prof. Maha Sayed (ASU) Work / Life Balance. Prof. Sherien Ahmed Khalil (ASU) The bidirectional relationship between burnout syndrome and depression. Prof. Afaf Hamed Khalil (ASU)
	SESSION (2) Psychiatric Intermediate Care Unit (PICU): Towards better Mental Health Services	
11.00-12.00	Chairpersons Prof. Nivert Zaki (ASU) Dr. Manal Al Attar (NMHC) Prof. Doha El Serafy (ASU)	Speakers PICU background. Prof. Nivert Zaki (ASU) Scales used in PICU and patients statistics. A. Prof. Rehab Naguib (ASU)
	SESSION (3) (Hybrid) The International Society of Substance Use Prevention and Treatment Training (ISSUP) The cultural impact of stigma on Substance Use Disorder Treatment Services in Arab countries	
12.00-01.00	Chairpersons Prof. Nahla Elsayed (ASU) Prof. Amany Haroun (ASU) Prof. Hisham Hatata (ASU)	Speakers Introduction to ISSUP Egypt and impact of stigma. Prof. Nahla Elsayed (ASU, ISSUP Egypt National Chapter Lead) Cultural impact of stigma. Prof. Amany Haroun (ASU, ISSUP Egypt Coordinator) Work plan of the Egyptian chapter. Dr. Mayar Nawara (ASU) Discussion on cultural impact of stigma in the Arab countries. Dr. Radolf Ansbert (ISSUP National Chapter Representatives, Ghana)
	WORKSHOP (4) Psychiatric Services Offered by Artificial Intelligence	
01.00-02.00	Chairpersons Prof. Nahla Elsayed (ASU) Dr. Manal Al Attar (NMHC) Prof. Osama Refaat (Cairo Uni.) Prof. Mohamed Reyad (Al Azhar B Uni.)	Speakers Artificial intelligence in psychiatry. Prof. Nahla Elsayed (ASU) Pros and cons of artificial intelligence. Dr. Manal Al Attar (NMHC)
02:00-02:30	BRAIN BREAK	

PREECONGRESS PROGRAM		
11 June, 2024 (Okasha Institute of Psychiatry)		
TIME	TRACK (3) GENERAL & ADDICTION	
	SESSION (6) Sleep Disorders Updated في ذكرى الحاضر الغائب Prof. Tarek Asaad	
02.30-03.30	Chairpersons Prof. Afaf Hamed Khalil (ASU) Prof. Azza Abdel Naser (ASU) Prof. Mona Ibrahim (ASU) Prof. Soheir H. ElGhonemy (ASU) Prof. Reem Hashim (ASU)	Speakers Contribution of late Professor Tarek Assad to sleep medicine. Prof. Azza Abdel Naser (ASU) Are sleep disorders a causes or a consequence of depression? Prof. Afaf Hamed Khalil (ASU) Sleep disorders in old age. Prof. Soheir H. ElGhonemy (ASU)
	WORKSHOP (7) New Perspectives in Tele-psychiatry	
03.30-04.30	Chairpersons Prof. Nahla Elsayed (ASU) Prof. Menan Abdel Maksoud (GSMHAT) Prof. Mona Ibrahim (ASU) Prof. Nesreen Mohsen (ASU)	Speakers Psychiatric services in Telepsychiatry. Prof. Nahla Elsayed (ASU) Application of Telepsychiatry in Okasha Institute of Psychiatry. Prof. Nesreen Mohsen (ASU)
	PUBLIC SESSION (2) Addiction	
04.30-05.30	Chairpersons د. ميار نواره (مركز عكاشه للطب النفسي) د. نهى احمد سعد (مركز عكاشه للطب النفسي)	المشاركون اخصائى نفسى / مروة صيام اخصائى نفسى / ندى السيد تمريض / احمد سليمان تمريض / زياد حسين

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