

**20<sup>th</sup>** International Congress of Psychiatry  
**8<sup>th</sup>** International Congress of Child & Adolescent Psychiatry  
**5<sup>th</sup>** International Congress of Addiction Psychiatry and Dual Diagnosis  
**2<sup>nd</sup>** International Women Psychiatric Congress

**World Adversity and Psychiatry**

**PRECONGRESS:** 27 May, 2025 (Okasha Institute of Psychiatry)  
**CONGRESS:** 28 May, 2025 (Citystar Intercontinental)

**Organized By**  
 Okasha Institute of Psychiatry  
 Department of Neuropsychiatry  
 Ain Shams University  
[www.asuip.net](http://www.asuip.net)

**This congress will be Accredited by the American Academy of Continuing Medical Education**

**CONGRESS AGENT**  
**MISR 2000**

**25.5**  
**CME**  
**Hours**  
**Category (1)**  
**Credit**



# PRECONGRESS PROGRAM

**Tuesday 27 May, 2025**

Okasha Institute of Psychiatry, Cairo, Egypt

## PRECONGRESS VENUE



**OKASHA**

**INSTITUTE OF PSYCHIATRY**

Faculty of Medicine,  
 Ain Shams University  
<http://oipasu.edu.eg>

### FUNCTIONAL ROOMS

Track (1): Okasha Auditorium

Track (2): Prof. Adel Sadek Hall

Track (3): Prof. Tarek Asaad Hall



## FREE REGISTRATION



**This Precongress Program is Accredited by the American Association of Continuing Medical Education**



**AMERICAN ASSOCIATION**  
**of**  
**CONTINUING MEDICAL EDUCATION®**

**Brief Transcripts**  
**Pre-Conference**

*the 20th International Congress on Psychiatry &  
 the 8th International Congress on Child & Adolescent Psychiatry*  
 May 27, 2025

### **Accreditation Statement**

*This activity has been planned and implemented in accordance with the Association's Accreditation Standards & Policies through joint-sponsorship with the Ain Shams University, Institute of Psychiatry.*

### **Credit Designation**

The Accreditation Review Committee (ARC) of the American Association of Continuing Medical Education® designates this medical education activity for a maximum of **8.00** hours in the Category 1 credit of the Association's Designation. Each participant must claim only those credits that he/she actually spent in the activity.



**20<sup>th</sup> International Congress of Psychiatry**  
**8<sup>th</sup> International Congress of Child & Adolescent Psychiatry**  
**5<sup>th</sup> International Congress of Addiction Psychiatry and Dual Diagnosis**  
**2<sup>nd</sup> International Women Psychiatric Congress**

### **World Adversity and Psychiatry**

**PRECONGRESS:** 27 May, 2025 (Okasha Institute of Psychiatry)  
**CONGRESS:** 28 May, 2025 (Citystar Intercontinental)

**Organized By**  
 Okasha Institute of Psychiatry  
 Department of Neuropsychiatry  
 Ain Shams University  
[www.asuip.net](http://www.asuip.net)

**This congress will be Accredited by the**  
 American Academy of Continuing Medical Education



## **This Congress is organized under the**

### **Patronage of:**

#### **HIS EXCELLENCY**

**PROF. MOHAMED DIAA ZAIN AL-ABIDIN**

President Ain Shams University (ASU)

**PROF. ALI MOHAMED ALANWAR**

Dean Faculty of Medicine, Ain Shams University  
 Chairman of the Board of Directors of Ain Shams University Hospitals

**PROF. AHMED OKASHA**

Founder Okasha Institute of Psychiatry, Ain Shams University

President WPA (2002-2005)

Honorary President Egyptian Psychiatric Association

**PROF. MOSTAFA KAMEL ISMAIL**

Professor of Psychiatry, Ain Shams University  
 Chair Continuous Professional Development Committee, Ain Shams University

#### **Honorary Chairs**

**PROF. ZEINAB BISHRY**

Founder of Child Psychiatry Research Unit, Ain Shams University

**PROF. AFAF HAMED KHALIL**

Professor of Psychiatry, Ain Shams University and Congress Director

#### **Congress President**

**PROF. TAREK OKASHA**

Chairman of Neuropsychiatry Dept., Ain Shams University  
 Director of Okasha Institute of Psychiatry, Ain Shams University

#### **Congress Secretary General**

**PROF. GIHAN ELNAHAS**, Ain Shams University

President Elect International Association Women Mental Health

#### **Assistant Secretary General**

**PROF. AMIRA ELBATRAWY**, Ain Shams University

**Child & Adolescent Psychiatry Congress Secretary General**

**PROF. HISHAM RAMY**, Ain Shams University

**Addiction Psychiatry Congress Secretary General**

**PROF. EMAN ABO ELLAA**, Ain Shams University

**Organizing Committee Coordinator**

**PROF. MARWA EL MISSIRY**,

Ain Shams University

**Scientific Committee Coordinator**

**PROF. DINA ELGABRY**,

Ain Shams University

## **How to get your Pre-congress certificate?**

**Will be Available from 14 June 2025**

- 1- Open the official website <https://asuip.net>, open certificate tab, choose pre-congress, and enter your Registration number
- 2- Fill the online evaluation form.
- 3- Your Certificate would appear as a photo, save the photo on your device.

## **FACEBOOK**

- Do not forget like and follow our facebook page <https://m.facebook.com/congressPsychiatry/?ref=bookmarks>



## **YouTube Channel**

### **Check out our congress**

- Photos Album on our Facebook page "Congress pn Psychiatry"
- Sessions' videos on our YouTube channel "Asuip Congress"
- Links also available on our website <https://asuip.net>

## **NOW AVAILABLE**

- New Website on Psychiatric Research in Egypt [www.psychiatry-research-eg.com](http://www.psychiatry-research-eg.com)
- This website is an online database with the available Egyptian Psychiatric Research

## **THANKS TO**

**Mr. Amr Mohamed Hassanein**

*Ex. Head of IT Department,  
 Okasha Institute of Psychiatry*

**Mrs. Samya Mohamed**

*Ex. Administrative Manager,  
 Okasha Institute of Psychiatry*

**Mr. Mohamed Abdel Hamid**

*Administrative Manager,  
 Okasha Institute of Psychiatry*

**20<sup>th</sup> International Congress of Psychiatry**  
**8<sup>th</sup> International Congress of Child & Adolescent Psychiatry**  
**5<sup>th</sup> International Congress of Addiction Psychiatry and Dual Diagnosis**  
**2<sup>nd</sup> International Women Psychiatric Congress**

**World Adversity and Psychiatry**

**PRECONGRESS:** 27 May, 2025 (Okasha Institute of Psychiatry)  
**CONGRESS:** 28 May, 2025 (Citystar Intercontinental)

**Organized By**  
 Okasha Institute of Psychiatry  
 Department of Neuropsychiatry  
 Ain Shams University  
[www.asuip.net](http://www.asuip.net)

**This congress will be Accredited by the**  
 American Academy of  
 Continuing Medical Education



**Tuesday, 27 May, 2025**

**Okasha Institute of Psychiatry**

TIME	TRACK 1: GENERAL PSYCHIATRY	TRACK 2: CHILD PSYCHIATRY	TRACK 3: GENERAL & ADDICTION
08.00-10.00	<b>REGISTRATION</b>		
10.00-11.00	<b>SKILLS TRAINING (1): Leadership Skills for Future Doctors</b> Leader: <b>Prof. Tarek Ahmed Okasha (ASU)</b> Speakers: <b>Prof. Marwa El Missiry (ASU):</b> <i>How to make presentation and decide on once priority?</i> <b>Lect. Noha Ahmed Saad (ASU):</b> <i>Conflict resolution and change management and building trust.</i> <b>Lect. Mohamed Farwiz (ASU):</b> <i>Emotional intelligence.</i>	<b>WORKSHOP (1): Neurodevelopmental Disorders: Advances in Understanding and Treatment</b> Leader: <b>Prof. Hisham Ramy (ASU)</b> Co-Leader: <b>Prof. Heba Elshahawi (ASU)</b> Speakers: <b>Prof. Heba Elshahawi (ASU):</b> <i>Developmental Dyslexia: New theories and application in treatment.</i> <b>Prof. Nermin Shaker (ASU):</b> <i>Advances in pharmacological treatment of attention deficit hyperactivity disorder.</i> <b>Prof. Reem El Ghamry (ASU):</b> <i>Immune Dysregulation in autism spectrum disorder: The possible road to cure.</i>	<b>WORKSHOP (2): Disease and Crime: Stimulant use disorder</b> Leader: <b>Prof. Eman Abo Ella (ASU)</b> Co-Leader: <b>Prof. Soheir ElGhonemy (ASU)</b> Speakers: <b>Prof. Mahmoud Elhabiby (ASU)</b> <b>Prof. Nesreen Mohsen (ASU)</b> <b>Prof. Hanan Elrassas (ASU)</b>
11.00-12.00	<b>SKILLS TRAINING (2): How to choose your future partner?</b> Leaders: <b>Prof. Abdel Nasser Omar (ASU)</b> <b>Prof. Mohamed El Mahdy (Al Azhar Univ.)</b> Speakers: <b>Prof. Abdel Nasser Omar (ASU)</b> <b>Prof. Mohamed El Mahdy (Al Azhar Univ.)</b> <b>Dr. Omar Yehia Mansour (ASU)</b>	<b>WORKSHOP (3): ADHD: The everlasting challenge</b> Leaders: <b>Prof. Hisham Ramy (ASU)</b> <b>Prof. Mona ElSheikh (ASU)</b> Speakers: <b>Prof. Hisham Ramy (ASU)</b> <b>Prof. Mona ElSheikh (ASU)</b> <b>Dr. Noha Ahmed Saad (ASU)</b> <b>Sponsored by (Clavita)</b>	<b>WORKSHOP (4): DBT in addiction treatment</b> Leaders: <b>Prof. Amany Haroun (ASU)</b> <b>Prof. Soheir ElGhonemy (ASU)</b> Co-Leader: <b>Prof. Hanan Elrassas (ASU)</b> Speaker: <b>Prof. Amany Haroun (ASU)</b>
12.00-12.30	<b>BRAIN BREAK</b>		

Thanks to DrWebServ



**WWW.DRWEBSERV.COM**

**Dr. Mohammed Hosny Rabie**

for the construction of [www.asuip.net](http://www.asuip.net) & [www.psychiatry-research-eg.com](http://www.psychiatry-research-eg.com)



**20<sup>th</sup> International Congress of Psychiatry**  
**8<sup>th</sup> International Congress of Child & Adolescent Psychiatry**  
**5<sup>th</sup> International Congress of Addiction Psychiatry and Dual Diagnosis**  
**2<sup>nd</sup> International Women Psychiatric Congress**

**World Adversity and Psychiatry**

**PRECONGRESS:** 27 May, 2025 (Okasha Institute of Psychiatry)  
**CONGRESS:** 28 May, 2025 (Citystar Intercontinental)

**Organized By**  
Okasha Institute of Psychiatry  
Department of Neuropsychiatry  
Ain Shams University  
[www.asuip.net](http://www.asuip.net)

**This congress will be Accredited by the**  
American Academy of  
Continuing Medical Education

**CONGRESS AGENT**  
**MISR 2000**



## Tuesday, 27 May, 2025

### Okasha Institute of Psychiatry

<b>12.30-01.30</b>	<b>SEMINAR (1): How to choose a medical specialty?</b> Leaders: <b>Prof. Ali Mohamed Alanwar</b> (Dean of Faculty of Medicine, Ain Shams University) <b>Prof. Tarek Ahmed Okasha</b> (Chair Neuropsychiatry Department, Ain Shams University) Co-Leaders: <b>Prof. Hala Sweed</b> (Vice Dean, Community Service & Environmental Development, Ain Shams University) <b>Prof. Tarek Youssef</b> (Executive Director, Ain Shams University Hospitals) Speakers: <b>Prof. Nagya Fahmy</b> (ASU) <b>Prof. Amira Elbatrawy</b> (ASU)	<b>WORKSHOP (5): Child and Adolescent Suicide Prevention</b> Chairs: <b>Prof. Mohamed R Elfiky</b> (ASU) <b>Prof. Mona Mansour</b> (ASU) <b>Prof. Afaf Mohamed</b> (ASU) Speakers: <b>Prof. Hanan Azzam</b> (ASU) <b>Prof. Marwa Soltan</b> (ASU) <b>Prof. Marwa El Missiry</b> (ASU) <b>Letc. Mohamed Farwiz</b> (ASU)	<b>WORKSHOP (6): Mastering Rating Scales in Addiction: Tools for Assessment and Treatment</b> Chairs: <b>Prof. Eman Abo Ella</b> (ASU) <b>Prof. Hisham Hatata</b> (ASU) <b>Prof. Mahmoud Elhabiby</b> (ASU) Speakers: <b>Prof. Soheir ElGhonemy</b> (ASU) <b>A. Prof. Mohamed Hossam</b> (ASU) <b>Dr. Tawfik Mohamed</b> (ASU)
<b>01.30-02.30</b>	<b>WORKSHOP (7): Common Mistakes in Building Career</b> Chairs: <b>Prof. Naglaa Elmahallawy</b> (ASU) <b>Prof. Afaf Hamed Khalil</b> (ASU) <b>Prof. Maha Sayed</b> (ASU) Speaker: <b>Prof. Tarek Al Habib</b> (KSA)	<b>SEMINAR (2): Social Media and Child Development</b> Chairs: <b>Prof. Doha Mostafa Elserafi</b> (ASU) <b>Prof. Walaa Sabry</b> (ASU) Speakers: <b>Prof. Ghada AM Hassan</b> (ASU): <i>Social media and child development</i> <b>Prof. Doha Mostafa Elserafi</b> (ASU): <i>Academic performance and social media</i>	<b>WORKSHOP (8): Interviewing Skills in Addiction</b> Chairs: <b>Prof. Nahla Elsayed</b> (ASU) <b>Prof. Eman Aboelaal</b> (ASU) Speaker: <b>Prof. Mahmoud ElHabiby</b> (ASU)
<b>02:30-03.30</b>	<b>SYMPOSIUM (1): Beyond the Horizon: Novel antipsychotics for the treatment of psychiatric disorders</b> Chairs: <b>Prof. Hisham Ramy</b> (ASU) <b>Prof. Sawsan Aboufotouh</b> (ASU) Speakers: <b>Prof. Hisham Ramy</b> (ASU): <i>Antipsychotics: The untold story</i> <b>Prof. Sawsan Aboufotouh</b> (ASU): <i>Xanomeline/Trospium: A novel mechanism</i> <b>Lect. Mayar Nawara</b> (ASU): <i>Novel antipsychotic treatment mechanisms</i>	<b>WORKSHOP (9): Bridging the Gap in ASD Diagnosis and Management</b> Chairs: <b>Prof. Safeya Effat</b> (ASU) <b>Prof. Afaf Mohamed</b> (ASU) Speakers: <b>Prof. Afaf Mohamed</b> (ASU) <b>Prof. Ghada Refaat</b> (ASU) <b>Prof. Marwa Soltan</b> (ASU)	<b>WORKSHOP (10): Work-life Balance</b> Chairs: <b>Prof. Mohamed R Elfiky</b> (ASU) <b>Prof. Maha Sayed</b> (ASU) <b>Prof. Mona El Shiekh</b> (ASU) Speakers: <b>Prof. Maha Sayed</b> (ASU) <b>Prof. Sherien Ahmed Khalil</b> (ASU)

**20<sup>th</sup> International Congress of Psychiatry**  
**8<sup>th</sup> International Congress of Child & Adolescent Psychiatry**  
**5<sup>th</sup> International Congress of Addiction Psychiatry and Dual Diagnosis**  
**2<sup>nd</sup> International Women Psychiatric Congress**

**World Adversity and Psychiatry**

**PRECONGRESS:** 27 May, 2025 (Okasha Institute of Psychiatry)  
**CONGRESS:** 28 May, 2025 (Citystar Intercontinental)

**Organized By**  
 Okasha Institute of Psychiatry  
 Department of Neuropsychiatry  
 Ain Shams University  
[www.asuip.net](http://www.asuip.net)

**This congress will be Accredited by the**  
 American Academy of  
 Continuing Medical Education

**CONGRESS AGENT**  
**MISR 2000**




## Tuesday, 27 May, 2025

### Okasha Institute of Psychiatry

03.30-04.30	<b>SKILLS TRAINING (3): Skills for Sexual Therapy</b> Chairs: <b>Prof. Afaf Hamed Khalil (ASU)</b> <b>Prof. Ahmed Saad (ASU)</b> <b>Prof. Mohamed Fekry (ASU)</b> Speakers: <b>Prof. Afaf Hamed Khalil (ASU)</b> <b>Prof. Mona Reda (ASU)</b>	<b>WORKSHOP (11): Cyber Bullying: Understanding its impact on children and adolescents</b> Chairs: <b>Prof. Safeya Effat (ASU)</b> <b>Prof. Afaf Mohamed (ASU)</b> Speakers: <b>Prof. Nermin Shaker (ASU)</b> <b>Dr. Noha Sami (ASU)</b> <b>Dr. Sohayla Sami (ASU)</b>	<b>WORKSHOP (12): Effective Administration and Management of Addiction Treatment Programs</b> Chairs: <b>Prof. Nahla Elsayed (ASU)</b> <b>Prof. Amany Haroun (ASU)</b> Speakers: <b>Dr. Mayar Nawara (ASU):</b> <i>Administrative regulation of addiction treatment programs</i> <b>Dr. Shenouda Abdelshahid (ASU):</b> <i>Managerial dilemmas in addiction treatment</i>
04.30-05.30	<b>SEMINAR (3): Communication Skills and emotional intelligence</b> Chairs: <b>Prof. Adel Medani (Al Azhar Univ.)</b> <b>Prof. Heba Essawi (ASU)</b> Speakers: <b>Prof. Soheir H. Elghonemy (ASU):</b> <i>Communication skills and emotional intelligence</i> <b>Dr. Maissa Eid (ASU):</b> <i>Negotiation skills</i>	<b>WORKSHOP (13): Acceptance and Commitment Therapy (ACT) for Children and Adolescents</b> Chairs: <b>Prof. Suzan El Kholi (ASU)</b> <b>Prof. Marwa Soltan (ASU)</b> Speaker: <b>Dr. Abdel Gawad Khalifa (ASU)</b>	<b>SESSION (1): The Interface between Mood Disorders and Eating Disorders</b> Chairs: <b>Prof. Heba Essawi (ASU)</b> <b>Prof. Dalia Abdel Moniem (ASU)</b> <b>Ass. Prof. Rehab Naguib (ASU)</b> Speakers: <b>Prof. Dalia Abdel Moneim (ASU):</b> <i>Psychopathology of both mood and eating disorders.</i> <b>Dr. Nahla Dessouky (ASU):</b> <i>Interplay between eating disorders and mood disorders.</i> <b>Dr. Samar Serry (ASU):</b> <i>The silent struggle: understanding the intersection of mood and eating disorders in therapeutic practice.</i> <b>Dr. Dina Hussein Mohamed (ASU):</b> <i>Orthorexia nervosa and its association with obsessive compulsive personality disorder in a sample of Egyptian medical students.</i>
05.30-06.00	<b>STUDENT ACTIVITY (1): Ain Shams &amp; Badr Universities Stigma against Mental Illness among University Students</b> Chair: <b>Prof. Walaa Sabry (Badr Univ.)</b> Speakers: <b>Students</b>	<b>WORKSHOP (14): Live your life by your Values: Acceptance and commitment therapy for addiction</b> Chairs: <b>Prof. Eman Abo Ella (ASU)</b> <b>Prof. Hanan Azzam (ASU)</b> Speaker: <b>Prof. Hanan ElRasas (ASU)</b>	<b>STUDENT ACTIVITY (2): Ain Shams &amp; Badr Universities Eating Disorders and Sleep Disorder among Students</b> Chair: <b>Prof. Mahmoud El Habibi (ASU)</b> Speakers: <b>Students</b>

<p><b>20<sup>th</sup></b> International Congress of Psychiatry  <b>8<sup>th</sup></b> International Congress of Child &amp; Adolescent Psychiatry  <b>5<sup>th</sup></b> International Congress of Addiction Psychiatry and Dual Diagnosis  <b>2<sup>nd</sup></b> International Women Psychiatric Congress</p> <p><b>World Adversity and Psychiatry</b></p> <p>PRECONGRESS: 27 May, 2025 (Okasha Institute of Psychiatry)          CONGRESS: 28 May, 2025 (Citystar Intercontinental)</p>	<p>Organized By          Okasha Institute of Psychiatry          Department of Neuropsychiatry          Ain Shams University  <a href="http://www.asuip.net">www.asuip.net</a></p>	<p>This congress will be          Accredited by the          American Academy of          Continuing Medical Education</p>
---	--	--



## ACKNOWLEDGEMENTS

*The congress committees wish to express their sincere thanks to the pharmaceutical companies for their participation in financing and supporting the congress*

### Platinum Sponsors

**Janssen – Apex Pharma – Biomed**

### Gold Sponsors

Marcyrl – Hallence – Mash Premier – Otsuka – Abbott

Al Andalous – Viatris - Hikma

### Silver Sponsors

FPI - Zeta – Copad – Chemipharm – Elixir – Delta

EVA – Rameda – Sunpharma

### Sponsors

Multicare –Inspire – Globa NAPI - Penta

*The congress committees would like to thank*

**MISR 2000**

**Congress Official PCO**



**SEE OUR FULL CONGRESS  
 PROGRAM and BOOK  
 IN OUR WEBSITE**

**WWW.ASUIP.NET**